



**Los Angeles City College
Drug Free Schools and Campuses Regulations
Education Department General Administrative Regulations
(EDGAR) Part 86**

2018 Biennial Review Report

INTRODUCTION

To comply with Drug Free Schools and Campuses Regulations [EDGAR Part 86], the Biennial Review Committee (BRC) met on June 13, 2018 to review and update the content of Los Angeles City College's Drug and Alcohol Prevention Program (DAAPP) and the consistency of policy enforcement. The BRC is comprised of Joe Exnowski (Life Skills), Anil Jain (Administrative Services), Krixa Lim (Student Services), Elio Vasquez (Faculty) and Jeremy Villar (Chair).

At this meeting, BRC agreed administer a Substance Abuse survey for dissemination to all actively enrolled students in fall 2018. The 10-question on-line survey was conducted from September 24, 2018 through November 9, 2018. The BRC met again on November 27, 2018 to review the survey outcomes and develop strategies to improve the campus DAAPP program.

The BRC utilized the "Complying with the Drug-Free Schools and Campuses Regulations" manual (<http://files.eric.ed.gov/fulltext/ED514322.pdf>) was utilized for reference.

Meeting notes were taken and final 2018 Biennial Review Report was prepared by Dr. Jeremy Villar.

OBJECTIVES

The tasks of the Biennial Review Committee, as outlined by the U.S. Department of Education's Complying with the Drug-Free Schools and Campuses Regulations manual, are

1. To determine the effectiveness of, and to implement any needed changes to, the campus Drug and Alcohol Prevention Program, including current policy, enforcement measures, prevention and intervention programming; and
2. To ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently.

To facilitate these tasks, the Biennial Review Committee utilized the Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist. The results of the checklist review and discussion are provided in this report.



PART 86, DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS COMPLIANCE CHECKLIST

1. Does the institution maintain a copy of its drug prevention program?
If yes, where is it located?

Yes. An electronic copy of the institution's Drug and Alcohol Prevention Program is available on the Consumer Information & Student Right-To-Know section of the college website. A hard copy of the document is also available in the Financial Aid Office, the Office of Vice President of Administrative Services, the Office of Vice President of Student Services office, the Office of Vice President of Academic Affairs, and the Office of the President.

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following:

- Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities
Students: **Yes** Staff and Faculty: **Yes**
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
Students: **Yes** Staff and Faculty: **Yes**
- A description of applicable legal sanctions under local, state, or federal law
Students: **Yes** Staff and Faculty: **Yes**
- A description of applicable counseling, treatment, or rehabilitation or re-entry programs
Students: **Yes** Staff and Faculty: **Yes**
- A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions
Students: **Yes** Staff and Faculty: **Yes**

COMMENTS: The above information is included on the Drug and Alcohol Prevention Program and 2018 Annual Security Report. Both documents are to be distributed to all active students and employees. Information on disciplinary sanctions and standards of student conduct are available on the campus Student Conduct and Discipline Procedure webpage.

3. Are the above materials distributed to students in one of the following ways?
 - E-mailed to each student each academic term – **Yes**
 - Through faculty and staff email address – **Yes**
 - Class schedules on the college website – **Yes**
 - During freshman and new student orientation – **Yes**
 - In another manner (describe) – **Posted on the various Student Service Offices and the Associated Student Government office.**
4. Does the method of distribution provide adequate assurance that each student receives the materials annually? **Yes**



COMMENTS: *The campus distributes the information via email every semester, right after census which typically occurs at the beginning of the 3rd week of the term.*

5. Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution?

COMMENTS: *To capture students who register in late-starting and short-term classes, the campus will also plan to disseminate the information during the 12th week of the term. The information will continually be available on the campus website.*

6. Are the above materials distributed to staff and faculty in one of the following ways?

- E-mail
Staff: **Yes** Faculty: **Yes**
- During new employee orientation
Staff: **Yes** Faculty: **Yes**
- In another manner (describe) – *The campus plans to distribute the above materials in the various Academic Affairs, Administrative Services, and Student Services offices.*

7. Does the method of distribution provide adequate assurance that each staff and faculty member receives the materials annually?

Students: **Yes** Staff and Faculty: **Yes**

8. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?

Students: **Yes** Staff and Faculty: **Yes**

9. In what ways does the institution conduct Biennial Reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced?

- Conduct student alcohol and drug use survey:
Students: **Yes** Staff and Faculty: **Yes**
- Conduct opinion survey of its students, staff, and faculty
Students: **Yes** Staff and Faculty: **Yes**
- Evaluate comments obtained from a suggestion box
Students: **N/A** Staff and Faculty: **N/A**
- Conduct focus groups
Students: **N/A** Staff and Faculty: **N/A**
- Conduct intercept interviews
Students: **N/A** Staff and Faculty: **N/A**
- Assess effectiveness of documented mandatory drug treatment referrals for students and employees
Students: **Yes*** Staff and Faculty: **Yes***
- Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees
Students: **Yes** Staff and Faculty: **Yes**
- Other (please list) — ** May be limited due to the protection of individual rights to privacy and confidentiality.*

10. Who is responsible for conducting these Biennial Reviews?

Dr. Regina Smith, Vice-President of Student Services
Dr. Jeremy Villar, Dean of Student Services

11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the Biennial Review?

Yes, a copy of the 2018 Drug and Alcohol Prevention Program and Biennial Review Report are available on the college website, under the Consumer Information and Student Disclosure section.

12. Where is the Biennial Review documentation located?

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Title: ***Dean of Student Services***
Department: ***Student Services***
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A copy of the 2018 Biennial Review Report is available on-line at the Consumer Information & Student Disclosure section of the college website.

COMMITTEE DISCUSSION

In addition to completing the Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist, committee members addressed each of the discussion questions below and provided information pertinent to these items.

1. What are the current alcohol and other drug programs (policy, enforcement measures, prevention, and intervention activities) in place at Los Angeles City College, and are they effective in preventing and reducing the illegal use of alcohol and other drugs on campus?

The current campus drug and alcohol policies, enforcement measures, prevention, and intervention activities are described in the 2018 Los Angeles City College (LACC) Annual Security Report, which was last updated on September 28, 2018. The 2018 LACC Annual Security Report has been disseminated to students and employees by making a digital copy of the document available on the campus website.

The LACC Substance Use Survey conducted in fall 2018 provided the BRC with information about usage of tobacco, alcohol and other drugs among students of Los Angeles City College. A total of 403 students completed the survey. Below are some general findings noted by the BRC from their review of survey outcomes:

- Majority of survey respondents indicated to have never used tobacco, alcohol, and other drugs in their lifetime. Among those who reported usage of 1-2 occasions, alcohol, marijuana, and cigarettes were identified as the most commonly used substance.
- Majority of respondents reported to have not used an electronic vapor products. Those who

reported consuming alcohol, marijuana, and cigarettes reported using the substance prior to starting college.

- Majority of survey respondents reported not having 4 or more alcoholic drinks in a row.
- Among those who reported consuming alcohol, the location of consumption was at off-campus house or apartment or in a bar/restaurant.
- The most common reasons given by those who drink alcohol beverages are to relax or relieve tension and to have a good time with friends.
- While a third of survey respondents did not report mental health issues in the past 30 days, those who reported having mental health issues 6 or more times have a high number than the other groups. In the past 12 months, 28% of survey respondents reported feeling sad or hopeless daily for two weeks that resulted in stopping of regular activities. During the same period, 9% of the respondents seriously considered attempting suicide.
- Survey respondents identified support groups, community resource referrals, informational workshops and informational pamphlets as student services support they would like the college to offer to prevent drug and alcohol abuse among students.

Based on the survey outcomes, the Biennial Review Committee (BRC) has made the following recommendations to improve program effectiveness in preventing and reducing the illegal use of alcohol and drugs on campus:

- Rename the survey from “Substance Abuse” to “Substance Abuse and Mental Health Survey” to help attract more students to complete the survey
 - Greater effort to reach out and promote current campus activities that promote student well-being
 - Increase collaboration between the Psychology Department and Life-Skills Center especially in the areas of student intern recruitment, placement and training
 - Restarting of the Sobriety Club, an alcoholic anonymous group on campus with support from the Psychology Department
 - Presentation to the Break It to Make It program by the Psychology Department to recruit students interested in the Human Services Drug and Alcohol program.
 - Dissemination of survey results to Associated Student Government (ASG) to enhance partnership in planning for the Spring Health and Wellness Fair
2. Are the current disciplinary sanctions in place for conduct violations with regard to alcohol and other drug use at the Los Angeles City College consistently enforced?

Los Angeles City College consistently enforces disciplinary sanctions to address conduct violations with regard to alcohol and drug abuse in compliance with the Los Angeles Community College District (LACCD) student conduct on campus and student discipline board rules. The process is well documented on the campus Drug and Alcohol Prevention Program document.

3. Looking to the future, what new ideas, strategies and/or partnerships could Los Angeles City College pursue in order to more effectively address the illegal use of alcohol and other drugs on campus?

Los Angeles City College should encourage collaboration between the Associated Student Government (ASG), Psychology Department, Life Skills, Health and Wellness and the Office of



Student Life in the planning of future campus activities to address substance usage among students.

The BRC members agreed to forward any new community resources to the chair for addition to the campus Drug and Alcohol Prevention Program.

The Biennial Review Committee meeting ended at 11 am on November 27, 2018.

Date: December 10, 2018



Dr. Mary Gallagher
President, Los Angeles City College

BIENNIAL SUBSTANCE ABUSE SURVEY

FALL 2018



PRESENTED BY: JEREMY VILLAR

LOS ANGELES CITY COLLEGE
855 N. VERMONT AVE. LOS ANGELES CA 90029

OVERVIEW

The fall 2018 Biennial Substance Abuse Survey was conducted from September 24 through November 14, 2018. The survey was sent via email to all actively enrolled students.

A majority of survey respondents indicated to have never used tobacco, alcohol, and other drugs in their lifetime. Among those who reported usage of 1-2 occasions, alcohol, marijuana, and cigarettes were identified as the most commonly used substance. A majority of respondents reported to have not used an electronic vapor products. Those who reported consuming alcohol, marijuana, and cigarettes reported using the substance prior to starting college.

The majority of survey respondents reported not having 4 or more alcoholic drinks in a row. Among those who reported consuming alcohol, the location of consumption was at off-campus house or apartment or in a bar/restaurant. The most common reasons given by those who drink alcohol beverages are to relax or relieve tension and to have a good time with friends.

While a third of survey respondents did not report mental health issues in the past 30 days, those who reported having mental health issues 6 or more times have a high number than the other groups. In the past 12 months, 28% of survey respondents reported feeling sad or hopeless daily for two weeks that resulted in stopping of regular activities. During the same period, 9% of the respondents seriously considered attempting suicide.

Survey respondents identified support groups, community resource referrals, informational workshops and informational pamphlets as student services support they would like the college to offer to prevent drug and alcohol abuse among students.

The Biennial Review Committee met on November 27, 2018 to review the survey results. The committee is composed of Anil Jain (Administrative Services), Joe Exnowski (Life Skills Center), Krixa Lim (Student Services), and Elio Vasquez (Faculty), and Jeremy Villar (Chair). The committee made the following recommendations to strengthen the LACC Drug and Alcohol Prevention Program:

- Rename the survey from “Substance Abuse” to “Substance Abuse and Mental Health Survey” to help attract more students to complete the survey
- Greater effort to reach out and promote current campus activities that promote student well-being
- Increase collaboration between the Psychology Department and Life-Skills Center especially in the areas of student intern recruitment, placement and training
- Restarting of the Sobriety Club, an alcoholic anonymous group on campus with support from the Psychology Department
- Presentation to the Break It to Make It program by the Psychology Department to recruit students interested in the Human Services Drug and Alcohol program.
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SURVEY RESULTS (N=403)

USAGE OF TOBACCO, ALCOHOL, AND OTHER DRUGS

1. Within the past 30 days, on how many occasions (if any) did you use...? (Mark one for each line.)

	Never used in a Lifetime	1-2 occassions	3-5 occassions	6-9 occassions	10+ occassions
Cigarettes	310	40	7	2	21
Smoking tobacco with hookah/water pipe	348	20	1	4	3
Electronic vapor products (e-cigarettes, vaping pens, etc.)	324	29	9	7	13
Alcohol (beer, wine, liquor, wine coolers)	185	127	37	17	24
Marijuana (pot, hash, weed, kush, Mary Jane)	287	45	17	7	31
Cocaine/crack (coke, blow, snow, rock, girl)	361	10	5	0	2
Hallucinogens/Ecstasy	366	12	1	2	1
Heroin (dope, smack, H, boy)	379	1	1	0	0
Methamphetamine (meth, crystal, speed, ice, crank)	367	4	4	1	2
Other illegal drugs	371	3	3	0	2

2. Have you ever used electronic vapor products for...?

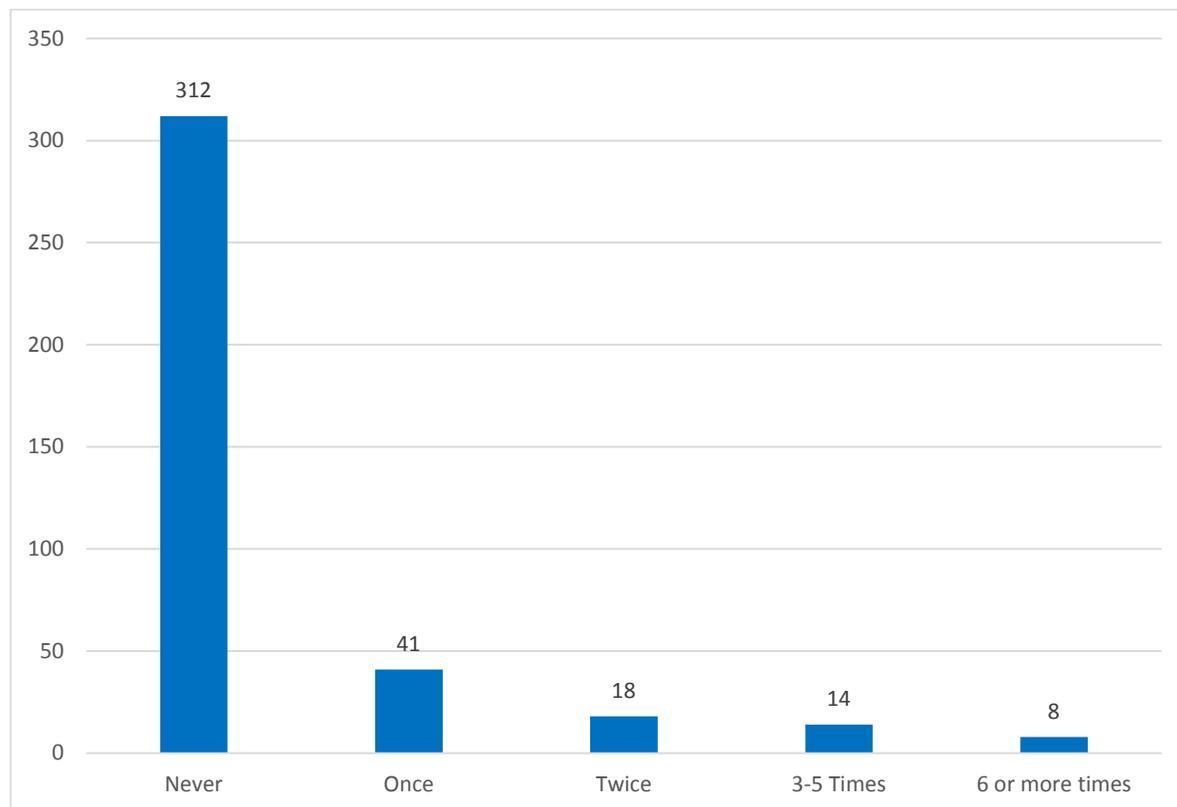
	Yes	No
Nicotine	68	325
THC (active ingredient in marijuana)	93	300
Alcohol	29	358
Other	21	365

3. When did you first use...?

	Never used	Before starting college	After starting college
Cigarettes	270	103	22
Smoking tobacco with hookah/water pipe	318	48	15
Electronic vapor products (e-cigarettes, vaping pens, etc.)	291	58	39
Alcohol (beer, wine, liquor, wine coolers)	138	193	62
Marijuana (pot, hash, weed, kush, Mary Jane)	232	128	34
Cocaine/crack (coke, blow, snow, rock, girl)	331	46	12
Hallucinogens/Ecstasy	334	45	14
Heroin (dope, smack, H, boy)	374	12	4
Methamphetamine (meth, crystal, speed, ice, crank)	350	34	5
Other illegal drugs	353	28	5

QUESTIONS # 4-6 FOR STUDENTS WHO HAVE USED ALCOHOL

4. Think back over the last two weeks. How many times have you had 4 or more alcoholic drinks in a row? (393 responses)



5. In the past 12 months, how often did you drink alcohol at the following locations?

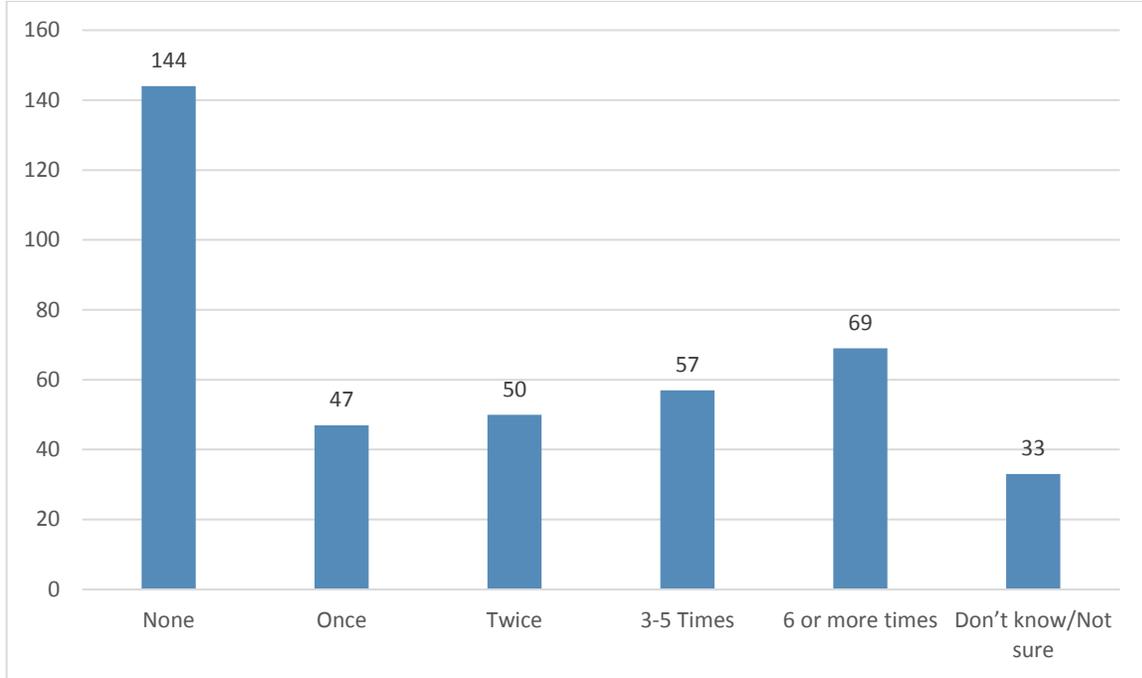
	Never	Rarely	Sometimes	Often	Always
On-campus location	381	3	0	1	0
Off-campus house or apartment	222	77	57	19	13
Bar/restaurant	221	78	57	27	7
Sporting/athletic event	316	36	20	7	5
In a car	361	10	10	4	2
Other	344	20	12	3	3

6. In the past 12 months, did you drink alcoholic beverages for any of the following reasons?

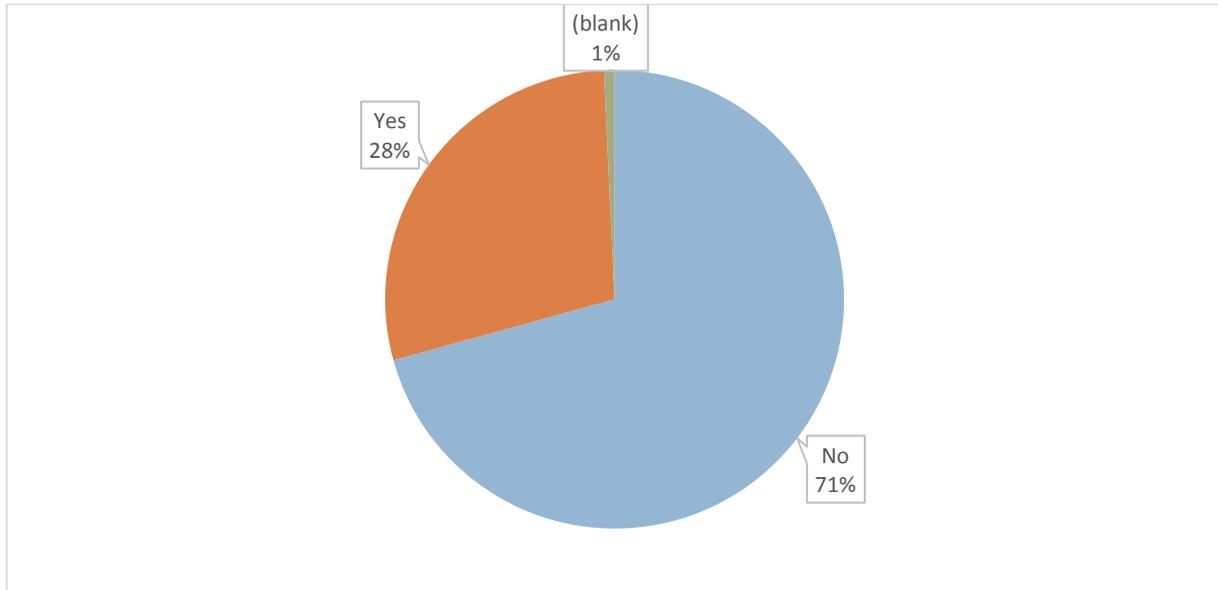
	Yes	No	Unsure
To experiment (to see what it's like)	51	335	7
Because I am "hooked" (I feel I have to drink)	21	365	5
To relax or relieve tension	139	244	6
To have a good time with my friends	195	195	4
Because of boredom, nothing else to do	48	335	7
Because of anger or frustration	44	343	3
To get through the day	29	357	3
To get away from my problems or troubles	43	338	8

THE FOLLOWING QUESTIONS ASK ABOUT HOW YOU FEEL

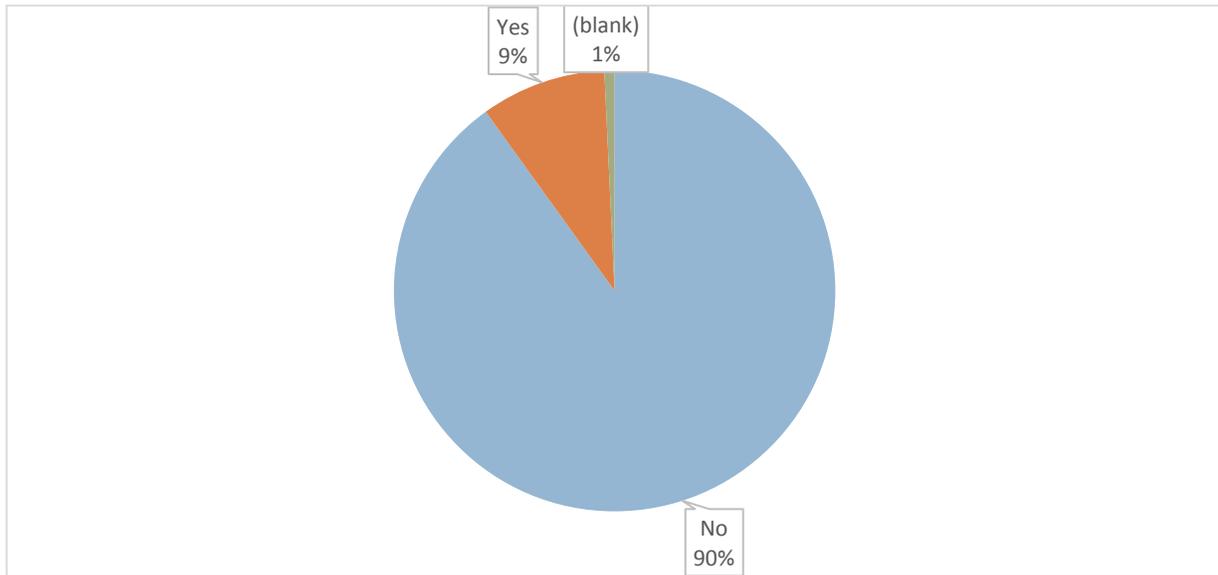
7. Thinking about your mental health (including stress, depression, and problems with emotions), for how many days during the past 30 days was your mental health not good? (400 responses)



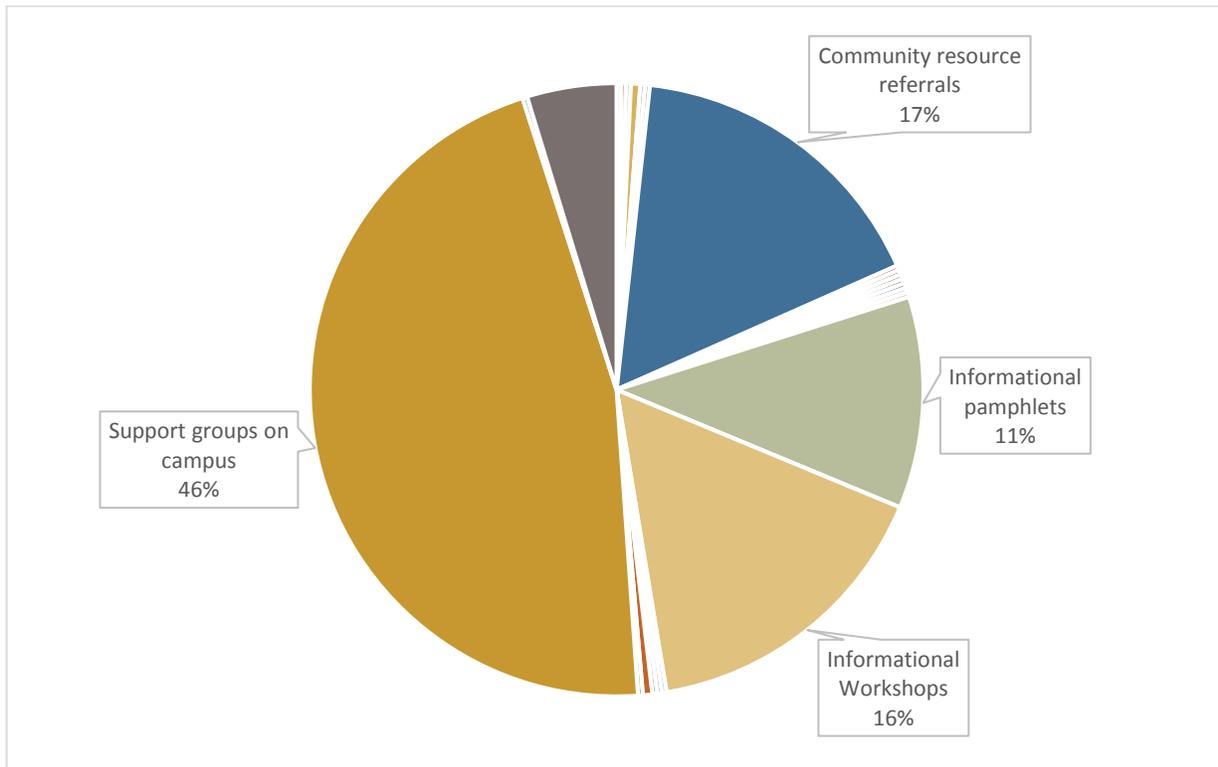
8. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing regular activities? (400 responses)



9. During the past 12 months, did you every seriously consider attempting suicide? (400 responses)



10. What type of student services support would you like LACC to offer for the purpose of preventing of drug and alcohol abuse among students? (384 responses)



OTHER NOTABLE RESPONSES

Honestly none of these seem like viable options for me

I BELIEVE A CRACKDOWN ON MARIJUANA CONSUMPTION (smoking) and POSSESSION ON CAMPUS IS NEEDED!!!

more security checking student in campus who are smoking in restricted areas or doing drugs, differently more security

counseling

ensure that there is nobody smoke on campus

Encourage responsible use if you're going to use it.

A service that looks at everything with a case-by-case approach. Drug abuse happens for a multitude of reasons and generic pamphlets or support groups will have no effect on each individual situation.

24 hour hotline

Yoga and physical activities at low to no cost.

Drug education not fear mongering

A presence that at least puts out there that if anybody feels like they're struggling with addiction that they have somewhere that they can go to either ask questions or seek guidance.