

Los Angeles City College
Student Health and Wellness Center

Anger Management Workshop Series



8 Wednesdays: Sept. 20 – Nov. 8, 2017

**Location: Student Health and Wellness Center
Student Services Building**

Time: 5pm-6pm

Conducted by Joselyn Geaga-Rosenthal, LCSW

SIGN UP NOW (Limited to 10 participants.)

Free to Registered LACC Students

Go to the Student Health Center to Sign up.

- **Learn to manage anger**
- **Stop violence or threat of violence**
- **Develop self-control over thoughts and actions**
- **Receive support and feedback from others**