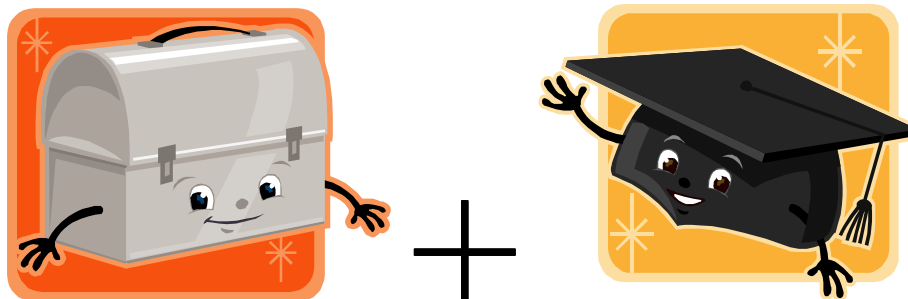


EAT FREE & GET SMART!



LACC Brown Bag Lunch "Free Food" Faculty & Staff

Just bring your own drink, lunch is on us
RSVP by 12 pm the day b/f the presentation
Join us to discover something new AND get 1 hr flex credit!

ALL Brown Bag Lunch talks are in TLC (FH 106)
(Except presentations on Wed, 5/2 & 5/9, 1-2:30 pm)*

Spring 2007 Lineup

| | | |
|--------------------|-------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| Tue, 3/20, 12-1pm | "Yoga for Stress Relief" (wear comfortable or loose-fitting clothes) | <i>Terry Boan (Associate Professor, Chemistry)</i> |
| Wed, 3/21, 12-1pm | "How to Prepare Your Tenure Review Portfolio—NOW!" | <i>Mickey Hong (Foreign Language & Humanities)</i> |
| Thu, 4/12, 12-1pm | "Basic Tools for Learning American English Pronunciation" | <i>Sharon Hendricks (Assistant Professor, Speech)</i> |
| Tue, 4/17, 12-1pm | "How to Prevent Heart Disease" | <i>Dr. Farzin Samadi</i> |
| Thu, 4/26, 12-1pm | "American Sign Language" | <i>Al Quispe (Sr. Sign Language Interpreter, OSS)</i> |
| Wed, 5/2, 1-2:30pm | "Maya Worlds 1: Ancient Civilizations" | <i>Mario Rivera (Professor, Humanities & Spanish)</i> (Faculty & Staff Center)* |
| Wed, 5/9, 1-2:30pm | "Maya Worlds 2: Contemporary Issues" | <i>Mario Rivera (Professor, Humanities & Spanish)</i> (Faculty & Staff Center)* |
| Tue, 5/15, 12-1pm | "Tricks of the Trade: Sharing Teaching Tips" | <i>All faculty welcome!!!</i> |
| TBA | "Chinese Tea Ceremony" | TBA |

For more information, please contact:

Mickey Hong, Coordinator, Staff & Organizational Development
Ext. 2378, JH 210, hongmj@lacitycollege.edu