

Los Angeles City College  
Comprehensive Program Review 2008

Physical Education (Women's) Department

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**XI. Dean's Review and Recommendations**

**I. Department Mission**

*Does the department's mission statement reflect the goals and activities of the department? Is it aligned with the college mission? Explain.*

The department's mission statement is aligned with the college mission in that seeks to aid students in obtaining an AA/AS and transferring. The goals and activities, for the most part, are also aligned with the college mission.

**II. Department Overview**

*Does the department's analysis of trends in enrollment and achievement accurately reflect the data? Have any issues been identified? Explain.*

The department's analysis of trends in enrollment and achievement does reflect the data in that it compares and contrasts the data from prior years and like semesters.

**III. Vocational Programs**

*Does the department's analysis of labor market demand, advisory board activities and accreditation status (if applicable) reflect the data? Have any issues been identified and are they adequately addressed with appropriate action plans? Explain.*

This Department is NOT a Vocational department.

**IV. Curriculum**

*Does the department's analysis of enrollment trends accurately reflect the data? Has adequate progress been made in developing and assessing student learning outcomes at the course and program level? Are Title 5 course outline updates current? Has adequate analysis of course scheduling been provided? Explain.*

The narrative provided by the department does give an analysis of the enrollment trends. SLO's still need to be developed for many classes in the P.E and Dance disciplines, and assessed for both disciplines. For the most part, the Title V Outlines for the P.E and Dance courses (with the exception of a few) are up to date. However, the Athletic Physical Education classes (502 and 516) need to be updated. P.E. 99AQ probably needs to be archived.

**V. Departmental Engagement**

*Has the department provided a full description of departmental engagement? Explain.*

The department has provided a full description of departmental engagement (both on and off-campus), as illustrated below.

1. Phyllis Eckler, AFT.
2. Academic Senate, Maria Reisch & Jan McEveety.
3. Curriculum, Maria Reisch & Christine Tinberg.
4. Dept. Chair Council, Jan McEveety.
5. Dept. Chair Caucus, Jan McEveety.
6. Enrollment Management, Jan McEveety.
7. District PE Discipline, Dan Glickman & Jan McEveety.
8. District Dance Discipline, Maria Reisch.
9. Health/Fitness Building Project Christine Tinberg, Dan Glickman, Maria Reisch, Jan McEveety, & Nancy Pierce.
10. Project Shepard- Health Fitness Building Project, Jan McEveety.
11. Educational Planning Committee, Nancy Pierce, & Maria Reisch.
12. LACC Curriculum Chair, Maria Reisch.
13. Vice President of Academic Senate, Maria Reisch.
14. Strategic Planning Committee, Maria Reisch.
15. EMaP, Maria Reisch
16. Schedule of Classes/Catalog committee Chair, Maria Reisch.
17. Ed Master Plan, Maria Reisch.
18. Program Review, Maria Reisch.
19. Distance Education, Maria Reisch.
20. Matriculation, Maria Reisch.
21. Women's Physical Education, Maria Reisch.
22. Basic Skills, Maria Reisch.
23. Student Success, Maria Reisch.
24. District Curriculum Committee, Maria Reisch.

## VI. Professional Development

*Has the department provided a full description of professional development? Explain.*

As illustrated below, the department has provided a full description of professional development.

BECKTEL WILLIAM, Part-Time Attendance at the following:  
NSCA Personal Trainers Conference, March 11-12, 2007  
Las Vegas, Nevada.

Cougar 8th Annual Strength and Conditioning Clinic, May 12, 2007  
College of the Canyons Santa Clarita, Calif.

The Pete Newell Big Man Camp, August 6-10, 2007  
University of Nevada Las Vegas.

NSCA Southern California State Clinic, September 15, 2007  
Ther-ex Health Institute Irvine, Calif.

NSCA Sports-Specific Training Conference, January 4-5, 2008  
Disneyland Hotel Anaheim, Calif.

Perform Better One-Day Seminar, January 12, 2008  
Los Angeles, Calif.

CANO THOMAS, Full-Time see MPE  
Christine Tinberg, Full-Time Director for the following workshops:

Tinberg, C.M. (August 2004: 15 hours). NikeGO Fitness Club Leader Training. A World Fit For Kids!, Los Angeles, CA.

Tinberg, C.M. (March 2004, October & May 2003, November 2002: 18 hrs/month). Physical Education PRAXIS Test Preparation Course. Los Angeles County Office of Education, Pre-Intern Program. Downey, CA.

Tinberg, C.M. (February 2004, November, April & February 2003: 17 hrs/month). Physical Education SSAT Test Preparation Course. Los Angeles County Office of Education, Pre-Intern Program, Downey, CA.

Tinberg, C.M. (December, 2003). Physical Education Grades K-12: The four criteria for a learning experience . Los Angeles County Office of Education, Beginning Teacher Programs Professional Development Opportunities, Downey, CA.

Tinberg, C.M. (November, 2003). Physical Education Grades K-12: Incorporating the national and state standards into your teaching. Los Angeles County Office of Education, Beginning Teacher Programs Professional Development Opportunities, Downey, CA.

Tinberg, C.M. (January, 2003). Physical Education Grades K-12: Class management strategies & philosophies of grading. Los Angeles County Office of Education, Beginning Teacher Programs Professional Development Opportunities, Downey, CA.

#### Certifications

American Red Cross Instructor for CPR and First Aid (June 2004)

Professional Rescuer First Aid and CPR, American Red Cross (January 2006)

Wilderness First Responder from Wilderness Medical Associates (January 2006)

COULEHAN MARGARET, Part-Time Obtained Certification in Mild Moderate Special Education, CLAD Certificate--cross-cultural Language and Academic Certificate, Certification in Turbo Kick Boxing. Attended Adult Ballet Camp in Richmond VA 2007, Walnut Creek Masters Swim Camp in Walnut Creek, 2008. Attended National Strength and Conditioning Examination, AFAA National Yoga Certification. Member of West Side Academy of Dance in Santa Monica, SCAC Masters Swim Team.

CUMMINS DIANA, Part-Time Consultant to the Music Center Education Division. Writes Dance curriculum for K-12 teachers published with McGraw-Hill--Cut in Focus for the Music Center Source Units. Attended the National Dance Council/UNESCO. Attended 2007 World Dance Conference in Athens, Greece 2007. Performed at the Santa Barbara Dance Theater in 2007.

ECKLER PHYLLIS, Part-Time Attended the National Dance Conference in Fall 2006. Attended the On Course National Conference in May 2008. Recently studied Tango in Argentina. Currently a FACCC representative and was chosen the "Part Time Faculty of the Year Award" in 2005. Attended courses in Flamenco (2006) and Hip Hop (2007). Attended the 2008 On Course National Conference. Attended workshops in Teaching Online Courses, office suite 2003 and outlook 2007. Presently sitting on the LACCD AFT Faculty guild negotiating team. Involved with the newly ratified LACC Senate Adjunct Rank criteria.

GLICKMAN DANIEL, Full-Time Attended one-week intensive workshops at Flamenco in the Redwoods in Mendocino, California with visiting master teachers/performers from Spain (2004). Brought LACC flamenco students to and participated in master classes offered at College of the Canyons in Santa Clarita, California--taught by Noche Flamenco Dance Company from Spain (2007). Attended fitness testing workshop to learn Pollack cycle protocol for submaximal cardiovascular fitness testing to estimate maximum oxygen consumption for LACC fitness students (2006). Attended Power Training workshop at College of the Canyons to learn methods of combining hybrid resistance exercises with multiple training complexes for using free weights as a training modality in LACC Body Dynamics classes (2005).

HERMINA WALDEMAR, Part-Time Took 9 units at Cal State LA in the Adapted PE program: Low incident Disabilities, Students with Disabilities Clinic, & Issues in Adapted Physical Education. October 2007 attended Fitnessgram testing workshop at the Studio City Sportmen's Lodge sponsored by LAUSD. Took 12 semester units through the University of San Diego Extension in Language Development to obtain the (CROSSCULTURAL, LANGUAGE, AND ACADEMIC DEVELOPMENT (CLAD) CERTIFICATE, CLAD credential, finished in August 2007.

JENSEN KARIN, Part-Time Has recently won awards as a choreographer and is the artistic director of Mandala DanceWorks. Mandala has performed at all major belly dance venues in Southern California including Tribal Caravan, Tribal Cafe, MEDCA Carnival. Produced a middle eastern dance concert at the Marsee Auditorium in Torrance, CA. Mandala won "Bellydancer of the Universe" competition as Grand Champion. Presently dances for Leela and Salome Jihad. Attended many workshops by artists such as Carlena Nericcio, Rachel Brice, Ariellah,

Sashi, etc. Received a General Skills Cert in American Tribal Style in 2007. Completed entire curriculum of the 2007 Ansuya Comprehensive Syllabus.

KING GRAVES, Part-Time

LI RICHARD, Part-Time

MCEVEETY JAN, Full-Time Attended National American Alliance of Physical Education, Dance and Recreation in Chicago 2005. Attended the regional AAPHERD conference in Salt Lake City, Utah in 2006. Member and instructor of the American Red Cross, Aquatics and Water Safety Division. Member of Women's Sport Foundation. Attended committee and developed guidelines for appropriate practice in College/University Physical Activity Instruction Programs for the National Association for Sport and Physical Education. Member of National Parks and Recreation Association. Working member of United States Swimming and USA Water Polo participating in Southern California meets.

PIERCE NANCY, Full-Time See MPE

Reisch, Maria, Full-Time Attended Statewide curriculum conference in San Diego July 2005, have given several on campus curriculum workshops for all members and some for individual departments, in charge of semi annual Dance Concerts for student performances, host the annual Department Chair luncheon.

SANDOVAL MARINA, Part-Time Participated in the Marcela Trape--Master Dance Awareness study in Argentina for a year. Attended the Jorge Dispari tango workshop.

SEIGLE JENNIFER, Part-Time Artistic Director/choreographer for The Beacon St. Dance Project, Directed various productions "Things "You Shouldn't Say Past Midnight" at the Whitmore-Lindley Theatre-Hollywood, "Independence" at Gardner States, LA, "Restaurant Revelations at HFC Theatre-Hollywood, "Two Gentlemen of Verona" at the Colorado Shakespeare Festival and many other various productions. Has performed at with the Boulder Broadway Company, with the Gilford Performing Arts, The Streetcar Company and the Rocky Mtn Ctr Musical Arts.

SHERWOOD KENNETH, Part-Time see Athletics (badminton coach)

SINGER LAURIENNE, Part-Time Member of National Dance Educators of America and California Dance Educators of America. Recently taken yoga workshops such as Yoga for Depression with Paul Cabanis and Pranayama and Judith Lasiter. Took courses at Loyola Marymount University in Yoga Therapy. Attended a series by the Jung Institute for authentic movement and movement modalities of different cultures. Maintains a private practice in Healing Modalities. Recently worked as a physical therapy aid at California Orthopedic. Recently studied Tap Dance at The Edge. Has written and updated several courses in dance such as Dance History.

SMITH MARY, Part-Time AVP Pro Volleyball Player. Extensive fitness center education and development at CSUN.

WHITMORE CHESTER, Part-Time Owner/Director of Central Ave. Dance Ensemble. Owner/Director of International Black Ballet Jazz. Choreographer and performer of "Jazz on the Nile" with the Smithsonian Institute Jazz Master Work Orchestra, in Egypt Feb. 2008. Co-producer of "Friends of Jazz" at UCLA, 2005. Performed at "Historical Jazz/Dance Concert at UC Irvine, 2005. Was MC and master teacher at Count Basie's Bi-Centennial Concert at Madison Square Garden, 2005. Co-produced and directed Duke Ellington's 100th birthday party at UCLA, 2004. Master instructor at Harang Dance Camp in Sweden every July for 18 years. MC, musical director and instructor at the 3rd annual Masters of Tap and Swing in Seattle, 2007.

YOUNG SELWYN, Part-Time see Athletics (baseball coach)

## VII. Support and Activities

*Has the department provided a full description of support needs of the department? Explain.*

The department has provided a full description of support needs. Specifically, the department wishes to fill a vacant part-time facility assistant position, which has been vacant for the past five years; have more resources in the library for exercise science/health periodicals available to students; and have the exercise floors cleaned daily as this is necessary for the students to be able to perform their exercises and dance routines.

## VIII. Resources: Personnel, Equipment and Facilities

*Has the department provided a full description of resource needs of the department? Explain.*

The department has provided a FULL description of resource needed. Some of the needs include, but are not limited to, more full-time faculty; new machines, lighting, and equipment for the Fitness Center, and a refurbished Women's Gym.

## IX. Planning and Budget

*Do the planning goals and action plans reflect the issues raised in the self study? Are they aligned with the Educational Master Plan and the College Strategic Plan? Explain.*

For the most part, the goals and action plans do reflect issues raised (and re-raised) throughout this self-study. While the goals and action plans appear to be aligned with the Educational Master Plan and College Strategic Plan, some of the goals (such as hiring faculty or inspiring P.E. students to get involved in varsity sports) should be re-examined and the activities should be more specific.

## X. Final Summary by Discipline

*Are all items identified as a Major Concern addressed with a goal and action plan? Explain.*

The items of major concern (creating a degree and certificate program for Dance and P.E. and hiring more faculty) are addressed in the new goals and action plans.

## XI. Department Strengths and Weaknesses

*Has the department provided an adequate analysis of departmental strengths and weaknesses? Explain.*

The department has provided an adequate analysis of their strengths (Dance - the variety of dance classes & P.E. - the versatile skill set of the faculty) and weaknesses (Dance/P.E. - lack of faculty and facilities).

## XII. Recommendations/Commendations

*What recommendations based on your comments do you have for this department? What commendations do you have for this department? Explain.*

I would recommend to the Women's P.E Department that:

- 1.) The goals and activities be reviewed and crafted to be more program and department specific. Creating new certificates and degrees is a great goal; but hiring an instructor is not a goal (however, it may help meet a goal). Goals should be obtainable, and not "always in progress".
- 2.) Develop SLO's for all Dance and P.E. Courses, at the course level; and update any and all outstanding Title V Outlines.
- 3.) Take time to examine the department's enrollment trends; at the section level; and look at ways to maximize enrollment by not scheduling classes that overlap each other.

Lastly, the department is to be commended for "doing more with less". The past EPC recommendations from the February 2005 viability study (as reflected below) show that the Dance discipline's need for full-time faculty is validated. The adjunct faculty have gone above and beyond the call of duty to provide and teach the students the material they need to help them receive their AA/AS degree or transfer.

Educational Planning Committee

Dance Discipline Viability Subcommittee Final Recommendations

Approved by the EPC on 4/20/05

1. Dance should remain aligned with Women's PE at this time, and it should continue to be aligned with PE after

the future merger of the two departments.

2. The College should begin to take steps aimed at the eventual professionalization of the dance discipline over the next ten years. To forward this process, a number of preliminary steps should be taken, including the following:

3. The EPC should give significant priority to the expansion of the dance discipline over the next few budget cycles, including extra priority for at least one additional fulltime dance position and also for additional support for hourly instruction. Such priority should be given in response to formal requests from the chairs of PE during the regular college budget cycle. These requests should eventually be coordinated with an official application to the State for the institution of a State-approved dance program at LACC.

4. Academic Affairs and the EPC should give significant priority to dance-related equipment requests coming forward from PE in support of dance performance, including requests for portable stages, lighting, etc.

5. Future dance hiring committees should include at least two fulltime dance faculty. If necessary, fulltime dance faculty should be invited from other LACC campuses to participate. In general, faculty in the dance discipline should be in the majority on all committees involved in the hiring of future dance faculty. In addition, the chair(s) of PE may want to invite faculty representatives from both the Theater Arts and Music Departments to serve as non-voting members of future dance hiring committees, in order to strengthen the tie between the dance program and the other performing arts departments.

6. Under the guidance of Academic Affairs, PE and dance faculty should work closely with faculty in the Theatre Arts and Music Departments to strengthen the connections between theater, music, and dance. This should include the integration of theater, music, and dance in at least one or two performance events each year.

7. Academic Affairs should collaborate closely with Student Services, Counseling, the Transfer Center and the performing and fine arts departments to create a strategy for aggressively recruiting prospective arts and performing arts students for LACC's programs. This strategy should be outlined in a formal proposal which should be delivered to the EPC for review by December 2005. Within the framework of this proposal, transfer—particularly to UC campuses—should be highlighted, since the transfer option may offer significant advantages to arts and performing arts students. Finally, the arts IDWG dean should bear responsibility for reporting directly to the EPC on the progress of this arts recruitment effort on an annual basis.

8. Finally, since a number of courses currently listed as "Dance" actually involve physical activity for its own sake, some of the recently archived PE courses that promote general physical fitness (such as those in aerobics and yoga) should be reinstated so that faculty in the PE discipline may teach them.

Rationale: These recommendations are being forwarded for the following reasons:

1. They will strengthen the dance discipline at LACC over time.
2. They will not result in any unnecessary disruption of the dance discipline.
3. They will eventually lead toward the establishment of a pre-professional dance program at LACC that is integrated with the other performing arts.