

Los Angeles City College  
Comprehensive Program Review 2008

Physical Education (Women's) Department

---

**XII. EPC Validation Review**

**I. Department Mission**

*Does the department's mission statement reflect the goals and activities of the department? Is it aligned with the college mission? Explain.*

The Women's PE department mission is threefold: 1) to meet the "physical activity and wellness needs of the LACC student body" which will enable the students to be "physically active" and recognize how it contributes to a "healthy lifestyle"; 2) to prepare students to begin their careers in the fitness industry through a certificate/AA degree; 3) to prepare students transfer to a 4-year university.

The department's mission parallels the college's mission of supporting "community of learners" with knowledge and skills necessary for "optimal" personal and professional growth. LACC's primary goals of helping students to complete a certificate/AA degree program, or transferring to a 4-year university are also clear in the department's mission.

**II. Department Overview**

*Does the department's analysis of trends in enrollment and achievement accurately reflect the data? Have any issues been identified? Explain.*

The department has done a concise analysis of its enrollment to schedule courses effectively. It has scheduled courses by determining the most popular subjects, times, and terms. Morning classes have been most popular in Fall, Spring, and Summer; late afternoon classes most popular in Winter.

The department's facility and equipment challenges in the last 6 years include: 1) closing of the tennis courts; 2) sharing the gym with the Athletics department; 3) no air conditioning in the gym and studios during summer; 4) no proper bikes for spin classes (a very popular course which had enrolled up to 245 students).

LACC's enrollment has been declining since 2003-2004, but the department's enrollment increased in 2004-2005 to 2005-2006; and 2005-2006 to 2006-2007. Overall, the department enrollment average has not changed much in the last 6 years, with the highest enrollment in 2002-2003 with 3,192 students and the lowest in 2004-2005 with 2,628 students.

It is a realistic projection that Women's PE department's enrollment will only increase once the new gym and track are built with adequate and functioning amenities to attract community members and allow spaces for more late afternoon/evening classes.

c. FTEF Part emailed.

The department has more than adequately provided the need for a full-time faculty in dance as it was validated by the EPC in the February 2005 viability study and the data showing enrollment growth.

**III. Vocational Programs**

*Does the department's analysis of labor market demand, advisory board activities and accreditation status (if applicable) reflect the data? Have any issues been identified and are they adequately addressed with appropriate action plans? Explain.*

This Department is NOT a Vocational department.

## IV. Curriculum

*Does the department's analysis of enrollment trends accurately reflect the data? Has adequate progress been made in developing and assessing student learning outcomes at the course and program level? Are Title 5 course outline updates current? Has adequate analysis of course scheduling been provided? Explain.*

Dance courses were transferred from PE to Dance in Fall 2004. Thus, the "zero" enrollment reflects the gap between the transition.

The false anticipation of the pool closing in Spring 2004 and Fall 2004 resulted in removing swimming classes from schedule. The department needs to be better informed about construction and building plans to avoid such loss of enrollment in the future.

The enrollment statistics are not all accurate due to the fact that some classes are credited to Men's PE: PE 212 (Tennis), PE 639 (Hatha Yoga), PE 304 (Basketball), PE 635 (Fitness Center classes in Winter and Summer), and Health 3 (CPR/First Aid). The data will be corrected soon.

The continual improvement of the facility and program through evaluation resulted in the increase of Fitness Center classes enrollment.

The department has spotted 2 trends: 1) the demand for exercise classes such as yoga and aquatics among the aging population, staff, and faculty; 2) low enrollment in sports classes (tennis, track and field, etc.) due to lack of facilities.

All course outlines are up-to-date. SLOs are included some new courses but assessments have yet to be conducted for long-standing courses in dance and PE. PE Discipline committee is working to develop SLOs for similar courses in the district for consistent assessment. The department has yet to do the following: 1) developing and conducting assessment of course-level SLOs; 2) implement changes as a result of the findings from the assessment of course-level SLOs; and 3) develop SLOs for its programs; 4) align its course and program SLOs to LACC's Core Competencies.

17 new courses and/or course changes are planned, most of them for the preparation of the new Personal Trainer Certificate program and the AA degree in Dancing.

## V. Departmental Engagement

*Has the department provided a full description of departmental engagement? Explain.*

The Women's PE faculty members' campus committee involvement, especially the fulltime instructors', exceeds expectation and limitation. Some members may be over-exhausted and over-extended.

The department has done a remarkable job of coordinating with other departments, community services, dance companies, and sports organizations to find classroom spaces. It has also worked to improve services for OSS students and provide CPR/First Aid/AED courses for the campus faculty and staff.

The department is resourceful in collaborating with both on campus and off campus partners to create opportunities and participate in activities that promote the program's dedication to the community.

## VI. Professional Development

*Has the department provided a full description of professional development? Explain.*

Every full-time and part-time faculty members except for two (Graves King and Richard Li: both boxes left blank) listed rigorous involvement in professional development to perfect hands-on teaching mostly through training, clinic, workshops, certification, etc. The department's part-time faculty members must be noted for their commitment to teaching and excelling in their fields.

## VII. Support and Activities

*Has the department provided a full description of support needs of the department? Explain.*

The department has several pressing needs which must be provided for safety: 1) a part-time facility assistant; 2) daily cleaning of exercise areas including the floor; 3) a new drinking fountain or a water cooler; and 4) lack of air conditioning. The department is actually not forceful enough in making the case that the lack of the above could result in a detrimental liability for the school (student injury due to lack of monitoring, unfit equipment, dehydration, wet floor, heatstroke, etc.) The following seriously compromises the department's instructional quality: 1) out-dated media materials and equipment; and 2) lack of exercise science/health periodicals. The WPE provides a website for all of its programs.

## VIII. Resources: Personnel, Equipment and Facilities

*Has the department provided a full description of resource needs of the department? Explain.*

The department provided a detailed list of essential resources. The only fulltime dance instructor is now on 0.6 release time as the campus curriculum and she will retire in 3 years (2012). Also the increasing enrollment in dance classes and the development of AA degree in Dance calls for hiring of more full-time and part-time dance instructors. More PE instructors (3 full-time, additional part-time) are need to cover the high enrollment in classes and set up the Personal Certificate program. The new machines, lighting, and equipments are indispensable for the department to teach its classes, operate the Fitness Center, and furbish the Women's Gym.

## IX. Planning and Budget

*Do the planning goals and action plans reflect the issues raised in the self study? Are they aligned with the Educational Master Plan and the College Strategic Plan? Explain.*

A campus specific research/survey would make a stronger proof of demand for a Dance AA degree and Personal Fitness Trainer Certificate than observation of general trends in the media. It could also assist in designing a more successful degree/certification program by finding out our demographic's purpose and goals. Prioritizing expenditures and planning goals will help to see what is absolutely vital to focus the department's effort. The construction of the new gym may appeal to many new potential students but it will not have enough space to accommodate most classes, especially dance classes. The original plan for the gym was 5-stories to house all PE, dance, health, and athletics programs. The building plan is now for a 2-story building. The department will face offering half of its programs in a brand new facility and the other half in a building which will soon become a half-century-old without air conditioning.

## X. Final Summary by Discipline

*Are all items identified as a Major Concern addressed with a goal and action plan? Explain.*

The major strengths and weaknesses of the dance and PE programs are well described and addressed. The department has identified the major problems in preparing for the establishment of the AA and certification program.

## XI. Department Strengths and Weaknesses

*Has the department provided an adequate analysis of departmental strengths and weaknesses? Explain.*

The department's greatest strengths are its quality and varied programs proven by high demand/enrollment despite the lack of resources and challenges due to lack of facility spaces and out-of-date equipment. The department must continue to work closely with campus construction planners to find a solution for the old gym.

## XII. Recommendations/Commendations

*What recommendations based on your comments do you have for this department? What commendations do you have for this department? Explain.*

Commendation:

1. Maintaining and increasing enrollment during tough times even when equipment, facilities, and human resources have been inadequate
2. Working creatively and tirelessly with on campus and off campus partners to solve lack of classroom space
3. Ambitiously launching two new programs--Dance AA degree and Personal Fitness Trainer Certification. It is a step in the direction of contributing to the measurable student success at LACC.

Recommendations:

1. Closely monitor the progress of the Dance AA degree and Personal Fitness Trainer Certification. An instructor or two should be put in charge of each program to report regularly on the progress of the program's approval.
2. More active engagement in identifying course SLOs to begin assessment i.e. need to update course outlines with SLOs.
3. Replacement/additional faculty request should be added in the action plan.
4. Prioritize its goals: one of the top should be to start planning the extremely inconsistent service and instruction that will be delivered as result of one new gym and the remaining old gym.