



Foster & Kinship Care Education Program

Fall Schedule – August to December 2010

Call us if you have any questions at:

323.953.4000 ext. 2335

www.lacitycollege.edu/services/fostercare/index.html

September

The effects of child abuse and neglect

Understanding what child abuse is, and how as parents we can understand better what children have gone through and the reason why they might behave in certain ways.

Instructor: Lyonell Henson
Date: **Monday**, September 13
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F,W

D-Rate Pre-Service (For caregivers taking this training for the first time! *NO renewal hours)

16 hours of Training provided for Foster Parents, Relative Caregivers and Legal Guardians that are or will be providing care for children who exhibit severe and persistent emotional and behavioral challenges. **You must call and register!** *You must attend all 4 days to receive certificate

Monday, September 13
Tuesday, September 14
Wednesday, September 15
Thursday, September 16

Time: 5:30pm – 9:30pm

Location: True Fellowship Baptist Church

Love me enough to set some limits

Children need parents to set firm limits. Learn ways that can help parents set limits.

Instructor: Juan F Alvarez
Date: **Monday**, September 20
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Parenting styles & the message they send

Learn about different styles of parenting and what message they are sending to your children.

Instructor: Elnora Chambers
Date: **Tuesday**, September 21
Time: 6pm-9pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F,W

Reunification

Class will cover reunification issues.

Instructor: Lyonell Henson
Date: **Monday**, September 27
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F, W

F-Rate Pre-Service (For caregivers taking this training for the first time! *NO renewal hours)

16 hours of Training provided for Foster Parents, Relative Caregivers and Legal Guardians that are or will be providing care for children with special medical needs. **You must call and register!** *You must attend all 4 days to receive

certificate.

Monday, September 27

Tuesday, September 28

Wednesday, September 29

Thursday, September 30

Time: 5:30pm – 9:30pm

Location: True Fellowship Baptist Church

October

ADD & ADHD

Understanding what ADD and ADHD is, behavior related to this disorder, and how we can help out our children.

Instructor: Lyonell Henson

Date: **Monday, October 4**

Time: 9am-12pm

Location: True Fellowship Baptist Church

Renewal Rates: B,D,F

Sudden Infant Death Syndrome (SID)

What is SID? Come and learn about this syndrome.

Instructor: Elnora Chambers

Date: **Tuesday, October 5**

Time: 6pm-9pm

Location: True Fellowship Baptist Church

Renewal Rates: B,D,F

Life Strategies for teens

Teenagers go through a lot of changes emotionally, physically, and socially... how can we help them out and be there as their main support?

Instructor: Lyonell Henson

Date: **Monday, October 11**

Time: 9am-12pm

Location: True Fellowship Baptist Church

Renewal Rates: B,D,F

Mini-Conference:

Life Books

Learn about the importance of preserving memories for our children.

Instructors: Elnora Chambers

Date: **Saturday, October 16**

Time: 9am-12pm

Cultural Diversity & Cultural Sensitivity

Class that will cover importance of being aware and respectful of cultural differences, and the children that we take care of.

Instructors: Lyonell Henson

Date: **Saturday, October 16**

Time: 12:30pm-3:30pm

Location: True Fellowship Baptist Church

Renewal Rates: B,D,F,W

Reactive Attachment Disorder (RAD) Part I

Come and learn about RAD, what it is, and understanding RAD from the parent's perspective and the children's perspective.

Instructor: Juan F Alvarez

Date: **Monday, October 18**

Time: 9am-12pm

Location: True Fellowship Baptist Church

Renewal Rates: B,D,F

Behavior Control

Techniques to help out controlling the behavior of our children.

Instructor: Elnora Chambers

Date: **Tuesday, October 19**

Time: 6-9pm

Location: True Fellowship Baptist Church

Renewal Rates: B,D,F

Reactive Attachment Disorder (RAD) Part II

This is the second part of this class. We will talk about solutions, or what can we do to help out children that experience RAD.

Instructor: Juan F Alvarez

Date: **Monday, October 25**

Time: 9am-12pm

Location: True Fellowship Baptist Church

Renewal Rates: B,D,F

Whole Family Foster Home Pre-Service Training "W-Home" (For caregivers taking this training for the first time! *NO renewal hours)

16 hours of Training provided for Foster Parents, Relative Caregivers and Legal Guardians that are or will be providing care for minor dependent parents and their children. **You must call and register!** *You must attend all 2 days to receive certificate

Saturday, October 23

Saturday, October 30

Time: 8:30am – 4:30pm

Location: True Fellowship Baptist Church

November

Special needs children at home and school

Class will cover issues regarding children with special needs at home and school.

Instructor: Lyonell Henson
Date: **Monday**, November 1
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Foster Parent Rights and Responsibilities

Overview of what our rights and responsibilities are as Resource Parents.

Instructor: Elnora Chambers
Date: **Tuesday**, November 2
Time: 6pm-9pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Foster Parents working with Birth Parents

Strategies on how to work with birth parents

Instructor: Lyonell Henson
Date: **Monday**, November 8
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Active Parenting of Teens Part I (The active parenting and Winning cooperation)

First class of a 4-series class that will cover strategies for parents working with teenagers.

Instructor: Juan F Alvarez
Date: **Monday**, November 15
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Understanding Autism

Come and learn about Autism.

Instructor: Elnora Chambers
Date: **Tuesday**, November 16
Time: 6-9pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Mini-Conference:

Active Parenting of Teens Part II and III Part II: Responsibility and Discipline

Part III: Building courage, reducing misbehavior

Second and Third class of a 4-series class that will cover strategies for parents working with teenagers.

Instructor: Juan F Alvarez
Date: **Saturday**, November 20
Time: 9am-3:00pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F, W

Active Parenting of Teens Part IV (The active parenting and Winning cooperation)

Fourth class of a 4-series class that will cover strategies for parents working with teenagers.

Instructor: Juan F Alvarez
Date: **Monday**, November 22
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Anger Management

Issues regarding anger management will be covered in this class.

Instructor: Lyonell Henson
Date: **Monday**, November 29
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Holiday Blues

Holidays are here, and our children might be feeling down. What can we do to cheer them up?

Instructor: Elnora Chambers
Date: **Tuesday**, November 30
Time: 6-9pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

December

Posttraumatic Stress Disorder (PTSD)

Learn about PTSD and how children might behave when they experience PTSD.

Instructor: Lyonell Henson
Date: **Monday**, December 6
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Ages & Stages Part I

Class will cover changes that children go through, and developmental milestones.

Instructor: Elnora Chambers
Date: **Tuesday**, December 7
Time: 6-9pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F



Building relationships with a new child

A new child has come to our house; how can we build a great relationship with them?

Instructor: Lyonell Henson
Date: **Monday**, December 13
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Helping children grieve

Each child grieves in different ways. How can we help them out when they are going through this process?

Instructor: Juan F Alvarez
Date: **Monday**, December 20
Time: 9am-12pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Ages & Stages Part II

Class will cover changes that children go through, and developmental milestones.

Instructor: Elnora Chambers
Date: **Tuesday**, December 21
Time: 6-9pm
Location: True Fellowship Baptist Church
Renewal Rates: B,D,F

Other Important Dates

- **Advisory Meeting**
Wednesday, September 29, 2010
9am-11am
@ True Fellowship Baptist Church
- **Christmas Celebration**
Potluck Lunch, board games, and presents for foster children
Saturday, December 18, 2010
11am-3pm
@ True Fellowship Baptist Church
(Please RSVP for this event during the month of **October**)

Participants with verifiable disabilities who require alternate formats of this publication and resources should contact the FKCE program director. The college will provide information in alternate text formats upon request in the timeliest manner possible. If accommodations are needed due to a disability please provide the program with at least two weeks notice.

FAQs

- **How many hours do I need to attend to renew my B, F, D, or W rate?**

Yearly, you need:

B rate: 12 hours
F rate: 12 hours
D rate: 18 hours
W rate: 4 hours

****Notice that if you have either F or D rate, you no longer need to take the extra 12 hours for the renewal of the B rate****

- **Do you provide child care during classes?**

Unfortunately, we do not provide child care. Be aware that due to the sensitive topics that we will be covering during class, children are not permitted to attend classes.

- **What is the difference between Pre-Service and In-Service classes?**

Pre-Service are those trainings that you would need to take for the first time in order to get that rate. We offer a 16-hour training for the D rate, and F rate as well. This time we are also offering the certification for the W-homes.

In-Service refers to the renewal classes. You are free to attend all these classes.

- **I am not a Resource Parent; can I still come to class?**

Classes are open to anyone in the community; you do not need to be a resource parent to attend. You

also do not need to register for the renewal classes. We only ask you to register for the Pre-Service training classes.

- ***Do I need to pay anything for these classes?***

No. Classes are **FREE**.

- ***When do I receive my certificate for the classes that I take?***

At the end of each class you will receive your certificate that states: name of the class, number of hours, and rate. For the Pre-Service classes, the last day of the class you will receive your certificate.

- ***I am interested in becoming a Resource Parent, what do I need to do?***

The first step to become a Resource Parent in order to foster or adopt a child is to call **1-888-811-1121** to register and attend an orientation.

After completion of orientation, you will need to take a 33 hour training (PS-MAPP). We offer that training also at LACC.

- ***Do you offer classes in Spanish at LACC?***

Yes! If interested, please call us to find out the schedule for those classes.

Note: Please keep in mind that class topics, and/or presenters may change without notice

Our FKCE Office is located at

Los Angeles City College

855 N Vermont Ave / LRC Room 205

Los Angeles, CA 90029

Juan F Alvarez, Program Director

(323) 953-4000 ext. 2335

All these Classes and Meetings are held at (unless otherwise noted):

True Fellowship Baptist Church

3959 S. Brighton Ave

Los Angeles, CA 90062

(1 block West of Normandie Ave off M.L.King Blvd)