

Foster & Kinship Care Education December 2021 Class Schedule



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--|---|--|--|
| | | | 1 Specialized Care Increment Training (1) 5pm-9pm | 2 Specialized Care Increment Training (2) 5pm-9pm Clase en Español 6pm-8pm | 3 Specialized Care Increment Training (3) 5pm-9pm | 4 Oral Health Training 9am-1pm (renewal for RFA, W, SCI-Specialized) |
| 5 | 6 Sexual Abuse: What is it and How Do We Respond? 5pm-8pm (renewal for RFA, W, SCI-Specialized) | 7 Working with LGBTQ Youth in Foster Care 6pm-9pm (renewal for RFA, W, SCI-Specialized) | 8 | 9 Clase en Español 6pm-8pm | 10 | 11 |
| 12 | 13 Understanding Risk Factors 5pm-8pm (renewal for RFA, W, SCI-Specialized) | 14 | 15 Holiday Blues! 6pm-9pm (renewal for RFA) | 16 Clase en Español 6pm-8pm | 17 Higher Education: Module 2 6pm-9pm (renewal for RFA, W, SCI-Specialized) | 18 |
| 19 | 20 WINTER BREAK | 21 WINTER BREAK | 22 WINTER BREAK | 23 WINTER BREAK | 24 WINTER BREAK | 25 |
| 26 | 27 WINTER BREAK | 28 WINTER BREAK | 29 WINTER BREAK | 30 WINTER BREAK | 31 WINTER BREAK | |

IMPORTANT INFO :

All classes are online, via Zoom. You must register for all classes. Please use the registration survey or [Click Here](#). Questions? email lacc-fostercare@lacitycollege.edu or call (323) 953-4000 ext 2335.

Instrucciones en Español
Por favor LLAME al (323) 953-4000 ext 2335 o mande un mensaje a lacc-fostercare@lacitycollege.edu para registrarse, deje su nombre y numero de celular.

Cont.
Todas la clases serán ofrecidas por internet usando la pagina Zoom. Se le brindara mas información cuando se registre.

LACC FKCE Class Descriptions | December 2021

| Workshop Title | Date/Time | Trainer | Class Description |
|--|---|--------------------|---|
| Special Care Increment (SCI) Training (Formerly known as D and F-Rate training) | December 1, 2, 3 2021, 5pm-9pm **YOU MUST ATTEND ALL THREE SESSIONS** | Sandra Smith | Formerly known as D and F- Rate. This is a specialized Foster and Kinship Care Education curriculum that is mandatory for caregivers of youth who qualify for an SCI rate. The initial requirement is for participation in this 12-hour course, here split into 3 four-hour sessions, plus an additional four (4) hours of specialized training. 16 hours total. The specialized trainings can be taken outside this class session, and in any subject that addresses your foster child/ youth's individual needs. |
| Oral Health Training (renewal for RFA, W, SCI-Specialized) | December 4th, 2021, 9:00am-1:00pm | Sandra Smith | The Children's Oral Health Overview Training was developed to provide caregivers and other child-serving stakeholders with important information to support the oral health needs of DCFS-served youth. The training covers the basics of oral health, evidence-based practices for improving oral health for children, strategies to effectively communicate about the importance of good oral health for children, and information on community resources and Denti-Cal benefits. |
| Sexual Abuse: What is it and How Do We Respond? (renewal for RFA, W, SCI-Specialized) | December 6th, 2021, 5pm- 8pm | Rob Hanna | Understanding what sexual abuse is. How to recognize some symptoms and signs, and what are some anger-related behaviors, sexualized behaviors, and fear & anxiety behaviors that children might display. Also, how us as resource parents we can help out our children heal through "therapeutic parenting." |
| Working with LGBTQ Youth in Foster Care (renewal for RFA, W, SCI-Specialized) | December 7th, 2021, 6pm-9pm | Sharonda Barksdale | Explanation of the AB 458, presentation about what LGBTQ stands for, how children feel, and how caregivers can create a safe zone at home while providing support to the youth. |
| Understanding Risk Factors (renewal for RFA, W, SCI-Specialized) | December 13th, 2021, 5pm- 8pm | Rob Hanna | Class will identify 9 risk factors that put our youth in unhealthy situations, and how we can help teens to stay alive and free from incarceration. |
| Holiday Blues! (renewal for RFA) | December 15th, 2021, 6pm-9pm | Denetra Norwood | This workshop is about the emotions one feels during the holiday season. Missing their loved ones and friends, remembering the good times and bad. Reminiscing with family and friends and seeing those who have touched our lives one point or another. |
| Turning Dreams into Degrees: Higher Education Module 1 (renewal for RFA, W, SCI-Specialized) | December 17th, 2021, 6pm-9pm | Sharonda Barksdale | The purpose of this module is to empower caregivers to discuss the value of higher education with their youth and provide ideas for how they can play an active role in supporting their youth to college. For caregivers with youth in middle school or in the early high school grades, college can seem so far into the future that it can take secondary importance to more immediate concerns. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees |

Clases en Español | Diciembre 2021

| Workshop Title | Date/Time | Maestra | Link para regístrese |
|---|--------------------------|------------------------|--|
| Abuso sexual: ¿Qué es? ¿Cómo respondemos? (para renovación y formación especializada) | 2 de Diciembre, 6pm-8pm | Maricela Magaña | <u>Link para registrarse</u> ○ Copier y pegar: <u>https://forms.gle/9HGGPHjnWyTUrRF4A</u> |
| Jóvenes LGBTQ (para renovación y formación especializada) | 9 de Diciembre, 6pm-8pm | Maricela Magaña | |
| Navegando las vacaciones (para renovación de RFA) | 16 de Diciembre, 6pm-8pm | Maricela Magaña | |