

## Foster & Kinship Care Education October 2021 Class Schedule



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6 <b>How to Talk to Children About Sex</b> 6pm-9pm (renewal for RFA, W, SCI-Specialized)	7 <b>Clase en Español</b> 6pm-8pm	8	9 <b>Teaching Responsible Online Activity</b> 10am-1pm (renewal for RFA)
10	11 <b>Identifying Suicidal Behavior, and Intervention Part 1</b> 4:30pm-7:30pm (renewal for RFA, W, SCI-Specialized)	12	13 <b>Body Image &amp; Self-Esteem in Children and Teens</b> 6pm-9pm (renewal for RFA, W, SCI-Specialized)	14 <b>Clase en Español</b> 6pm-8pm	15 <b>Steps to Healing Trauma</b> 6pm-9pm (renewal for RFA, W, SCI-Specialized)	16
17	18 <b>How to Deal with Aggressive Youth</b> 5pm-8pm (renewal for RFA, W, SCI-Specialized)	19 <b>Incremento de Atención Especializada</b> 5pm-9pm (1)	20 <b>Incremento de Atención Especializada</b> 5pm-9pm (2)	21 <b>Incremento de Atención Especializada</b> 5pm-9pm (3)	22	23 <b>Higher Education Module 2</b> 10am-1pm (renewal for RFA)
24	25 <b>Specialized Care Increment Training (1)</b> 4:30pm-8:30pm	26 <b>Specialized Care Increment Training (2)</b> 4:30pm-8:30pm	27 <b>Specialized Care Increment Training (3)</b> 4:30pm-8:30pm	28 <b>Clase en Español</b> 6pm-8pm	29	30 <b>Your Child and Mental Health</b> 10am-1pm (renewal for RFA, W, SCI-Specialized)

# IMPORTANT INFO :

**All classes are online, via Zoom.**  
 You must register for all classes. Please use the registration survey or **Click Here**. Questions? email [lacc-fostercare@lacitycollege.edu](mailto:lacc-fostercare@lacitycollege.edu) or call (323) 953-4000 ext 2335.

**Instrucciones en Español**  
 Por favor LLAME al (323) 953-4000 ext 2335 o mande un mensaje a [lacc-fostercare@lacitycollege.edu](mailto:lacc-fostercare@lacitycollege.edu) para registrarse, deje su nombre y numero de celular.

**Cont.**  
 Todas la clases serán ofrecidas por internet usando la pagina **Zoom**. Se le brindara mas información cuando se registre.

# LACC FKCE Class Descriptions | October 2021

Workshop Title	Date/Time	Trainer	Class Description
<b>How to Talk to Children About Sex</b> (renewal for RFA, W, SCI-Specialized)	October 6th, 2021, 6:00pm-9:00pm	Denetra Norwood	How to talk to children about sex? class will discuss ways on how to approach this topic based on the child's age and understanding level.
<b>Teaching Responsible Online Activity</b>	October 9th, 2021, 10:00am-1:00pm	Sharonda Barksdale	This workshop will address the importance of teaching responsible online activity. How to prevent bullying and harassment. We will talk about the most popular social media applications used by youth, and the risk of posting information online.
<b>Identifying Suicidal Behavior, and Intervention Part 1</b>	October 11th, 4:30pm-7:30pm	Rob Hanna	Children and youth that have experienced severe trauma are at risk of having self-injurious behaviors, including suicide. What are some of the behaviors that as caregivers we should be paying attention to? What do you do if your child is having suicidal behaviors?.
<b>Body Image &amp; Self-Esteem in Children and Teens</b>	October 13th, 2021, 6pm-9pm	Denetra Norwood	Goal of class is for caregivers to understand body image and self-esteem in children and teens. Explained how body image and self-esteem are developed, identified factors that affect one's body image and self-esteem and discussed areas of risk for children and teens in foster care. We will discuss eating disorders and their relationship to body image and self-esteem.
<b>Steps to Healing Trauma</b>	October 15th, 2021, 6:00pm-9:00pm	Rob Hanna	Traumatic experiences can mark a person forever. How can we heal after a traumatic experience? This class will discuss strategies and steps that can help our children to heal from traumas.
<b>How to Deal with Aggressive Youth</b>	October 18th, 2021, 5pm-8pm	Denetra Norwood	Anger is a way to communicate how we feel inside. Many youth that have experienced trauma and abuse behave in an aggressive way. Class will discuss how to deal with aggressive youth, and strategies on how to help them regulate these behaviors.
<b>Turning Dreams into Degrees: Higher Education Module 2</b>	October 23th, 2021, 10:00am-1:00pm	Sharonda Barksdale	The purpose of this module is to empower caregivers to discuss the value of higher education with their youth and provide ideas for how they can play an active role in supporting their youth to college. For caregivers with youth in high school college can seem so far into the future that it can take secondary importance to more immediate concerns. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees
<b>Your Child and Mental Health</b>	October 30th, 2021, 10:00am-1:00pm	Sharonda Barksdale	This workshop will discuss different mental health issues; and how we can support better children under our care with severe emotional and behavioral needs. Use of psychotropic medications will be covered as well.
<b>Special Care Increment (SCI) Training</b> (Formerly known as D and F-Rate training)	October 25, 26, 27, 2021, 4:30pm-8:30pm <b>**YOU MUST ATTEND ALL THREE SESSIONS**</b>	Sandra Smith	Formerly known as D and F- Rate. This is a specialized Foster and Kinship Care Education curriculum that is mandatory for caregivers of youth who qualify for an SCI rate. The initial requirement is for participation in this 12-hour course, here split into 3 four-hour sessions, plus an additional four (4) hours of specialized training. 16 hours total. The specialized trainings can be taken outside this class session, and in any subject that addresses your foster child/ youth's individual needs (some classes are listed above).

## Clases en Español | Octubre 2021

Workshop Title	Date/Time	Maestra	Link para regístrese
<p><b>Cómo hablar con los niños sobre el sexo</b> (para renovación y formación especializada)</p>	<p>7 de Octubre, 6pm-8pm</p>	<p><b>Maricela Magaña</b></p>	<p style="text-align: center;"><b>○</b></p> <p style="text-align: center;"><b>Copier y pegar:</b> <b><u><a href="https://forms.gle/9HGGPHjnWyTUrf4A">https://forms.gle/9HGGPHjnWyTUrf4A</a></u></b></p>
<p><b>Trauma curativo</b> (para renovación y formación especializada)</p>	<p>14 de Octubre, 6pm-8pm</p>	<p><b>Maricela Magaña</b></p>	
<p><b>¿Qué es la salud mental?</b> (para renovación y formación especializada)</p>	<p>28 de Octubre, 6pm-8pm</p>	<p><b>Maricela Magaña</b></p>	
<p><b>Incremento de Atención Especializada</b> (Anteriormente conocido como entrenamiento Tarifa D y F)</p>	<p>19, 20, 21 de Octubre, 5pm-9pm **DEBE ASISTIR A LAS TRES CLASES PARA GANAR LA CERTIFICACIÓN**</p>	<p><b>Maricela Magaña</b></p>	