New career programs in Medical Coding and Medical Billing!
Page 5

Art! Language! Music & Dance! We offer lots of great classes for kids!
Page 11

NEW classes for seniors in our Healthy Lifestyle & Fitness section!
Page 18

Find online AND IN-PERSON classes this winter!
Venture into a new career in one of the most in-demand professions in California and the nation! Pharmacy Technicians in Southern California earn an average of $47,620 per year with greater Los Angeles ranking as the third highest urban center for pharmacy technician employment in the nation (source: the U.S. Department of Labor, Bureau of Labor Statistics).

In just a matter of months, our classroom instruction and hands-on externship will give you everything you need to become a licensed California Pharmacy Technician working in a pharmacy. This is not simply a “test prep” class; this is a comprehensive program approved by the Pharmacy Technician Certification Board (PTCB), and it is a fraction of the cost of similar for-profit training programs.

If you are interested in the healthcare field, LACC Extension’s Pharmacy Technician Program is the perfect opportunity to get started quickly in a career that makes a difference in the lives of others.

Payment plan available.

Pharmacy Technician Evening Program
Attend one of our FREE Online Info Sessions
(#9846) Monday, January 24th, 6:00 PM
(#9847) Wednesday, February 23rd, 6:00 PM

9849
Fee: $1799
Class starts Mar 14
Pharm Tech Program
23 Mon / Wed + Externship
Marichu Parcasio
6:00 PM-10:00 PM

9964
Fee: $1799
Class starts May 14
Pharm Tech Program
23 Sat + Externship
Christine Tannious
9:00 AM-5:30 PM

Register Now
323.953.4000 ext 2651
lacceextension.lacitycollege.edu
Welcome from the College President

Welcome to Los Angeles City College. As we continue to re-engage and offer more on-campus classes, our faculty and staff remain committed to help you achieve your educational and personal goals.

To meet the lifelong learning needs of the community, LACC Extension offers a variety of classes for you, your friends, and your family members who wish to enhance their careers or explore their personal interests. Whether you seek a class to develop new skills, obtain workforce training, complete your high school education, start your own business, or discover a new hobby, we are here to serve you.

We have added to our winter curriculum with classes including Fun with ABC’s, Filipino/Tagalog language classes, Understanding Weight Loss, Judo for Adults, Fun Movement for Seniors, Yoga for Seniors, Tai Chi for Seniors, Animal Flow, and Hip Hop Dancing for Kids.

Online and in-person classes are offered during the day, evenings, and weekends so you can find the time that best fits your schedule.

Los Angeles City College remains the place to believe, achieve and succeed.

Enjoy the upcoming semester.

Dr. Mary Gallagher, MBA, PhD
President, Los Angeles City College

Los Angeles City College Administration

Dr. Mary Gallagher, President
Dr. James Lancaster, Vice President, Academic Affairs
Alen Andriassian, Acting Vice President, Student Services
Dr. Regina Smith, Vice President, Student Services
VACANT, Vice President, Administrative Services
Marey Drummond, Vice President of Economic and Social Mobility and Innovation
Dr. Anna Badalyan, Dean, Institutional Advancement
Dr. Thelma Day, Dean, Academic Affairs
Armehin Dereghishian, Acting Dean, Student Services
Dr. Armando Figueroa-Rivera, Dean, Academic Affairs
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Dr. Carol Kozercaki, Dean, Academic Affairs
Dr. Vi Ly, Dean, Academic Affairs
Dr. Saadia Porche, Dean, Student Services
Angelica Ramirez, Dean, Academic Affairs
Michael Pascual, Associate Vice President, Administrative Services
Darren Grosch, Associate Dean, Academic Affairs
Dr. Dan Wanner, Associate Dean, Academic Affairs
Niki Dixon Harrison, Associate Dean, Student Services
Dr. Imelda Perez, Assistant Dean, Academic Affairs
Shena Engle, Manager, Public Relations
Kahil Harrington, Director of College Facilities

Los Angeles Community College District Administration

Francisco C. Rodriguez, Ph.D., Chancellor
Melinda A. Nish, Ed.D., Deputy Chancellor
Ryan M. Corrner, Ed.D., Vice Chancellor of Educational Programs and Institutional Effectiveness
Mercedes C. Gutierrez, Ed.D., Vice Chancellor of Human Resources
Carmen V. Litz, MS, Vice Chancellor/Chief Information Officer
Jeanette L. Gordon, Chief Financial Officer/Treasurer
Rueben C. Smith, D.C.S.C., Vice Chancellor/Chief Facilities Executive

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laccextension.lacitycollege.edu
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A Message from Our Program Manager

We can proudly say we have successfully brought classes back to the campus this last term! Sure, there were some small hiccups along the way – a few room changes and even a couple last minute cancellations – but most importantly, we were able to bring in-person classes back to the community, without any issues that would risk the health of our students. For those of you who were affected by those small hiccups, we apologize and thank you for your patience as we adjust to teaching on campus again.

This winter, just like last term, we will be having classes both on campus and online. We will also continue to follow LA County Covid guidelines to assure your safety. So please take a glance through the catalogue and register for that class you’ve been putting off taking. It’s a new year, which means it’s the perfect time to do something good for yourself, and there’s nothing better for you than enriching yourself with a great class!

Thank you,

Jason Lesner
Program Manager, LACC Extension

Register Now
323.953.4000 ext 2651

Table of Contents

Healthcare Career ................................................................. 5
Career & Business Development ...........................................6 - 7
Accounting & Notary Public..................................................8
Computer Software & Technology........................................9
College for Young People.....................................................10 - 11
Swimming & Camp ..............................................................12
Language & Writing .............................................................13
Crafts & Fine Arts .................................................................14
Showbiz & Media .................................................................15
Your Awesome Life Series ...................................................16 - 17
Healthy Lifestyle & Fitness ..................................................18 - 19
Cooking & Culinary ..............................................................20
Music .......................................................... ........................21
Clases en Español ...............................................................22
Campus Map & Off-Campus Locations .................................23
Ed2Go Online Learning ......................................................25
Noncredit & Adult Education .................................................26 - 19, 31
LACC Extension Helpful Info & Policies .................................30

*Denotes online class  ☑*Denotes on-campus class

Self-register online by January 16th with code BRUMAL22 to get $5 OFF!

☆ No classes Feb 18-21 ☆ laccextension.lacitycollege.edu ☆
Medical Coding & Billing Series

According to the US Bureau of Labor Statistics (BLS), the projection of growth and demand for medical coders and billers is growing rapidly. With the skill set you will obtain in this series, you will be prepared to sit for the license exam for a national certification with AAPC or AHIMA.

So if you're interested in working with a doctor's office, clinic or healthcare facility, dental office, insurance company, or independent billing company, LACC Extension's Medical Insurance Series is a great place to start your career or expand on your skills!

Part 1: Medical Terminology

To work in healthcare, knowing medical terminology and having the ability to communicate with physicians, dentists, and other medical professionals is a must. Learning medical terminology will open the door to many job opportunities in the healthcare field. Students in this course will receive thorough instruction in developing fluency with medical terms covering the different body systems, body orientation, diseases, and medical treatments. By the end of this course, you will be familiar with word components for quick mastery of countless medical terms and be able to communicate effectively with peers in the field. No class Apr 2.


9930
Fee: $169
Mar 19-Apr 23
5 Sat
Gladys Tagamolila-Que
9:00 AM-2:00 PM

Part 2: Medical Insurance Coding

In physician practice it is common for the Medical Biller to also be the Medical Coder because physicians depend on the Biller/Coder to determine the diagnostic codes for procedures. In this class, you will learn how to find the proper procedure (CPT-4) and diagnostic codes (ICD-10), how to do proper code sequencing, and when to use these codes. No class May 28.

Prerequisite: Medical Terminology or experience in the medical field.


9931
Fee: $199
Apr 30-Jun 11
6 Sat
Gladys Tagamolila-Que
9:00 AM-2:00 PM

Part 3: Medical Insurance Billing

Once you have taken Medical Coding, you are ready for the final class in the series. In Medical Insurance Billing, students will get a thorough know-how of billing all 3rd party payers for physicians' charges. This class will give you a look into the differences between insurance policies and insurance companies, how to fill out forms required for billing, how to handle patients, and collect their payments. Prerequisites: Medical Terminology & Medical Insurance Coding. Have your ICD-10/ CPT-4 coding books. No class Feb 19 & Jul 2.

9832
Fee: $169
Jan 29- Mar 5
5 Sat
Gladys Tagamolila-Que
9:00 AM-2:00 PM

9835
Fee: $169
Jun 18-Jul 23
5 Sat
Gladys Tagamolila-Que
9:00 AM-2:00 PM

Choose a series to save on your class registration and receive a free Award of Completion!*

Enroll in Medical Coding and Medical Insurance Billing together for only $349!
Or enroll in ALL THREE COURSES for just $499!

*Must purchase series, adding classes individually to your cart will not activate discount.

Pharmacy Technician Program

Venture into a new career in one of the most in-demand professions in California and the nation! Pharmacy Technicians in Southern California earn an average of about $47,620 per year with greater Los Angeles ranking as the third highest urban center for pharmacy technician employment in the nation (source: the U.S. Department of Labor, Bureau of Labor Statistics).

Pharmacy Technician Evening Program
Attend one of our FREE Online Info Sessions
See inside front cover for details!
How to Be a Live Scan Fingerprint Operator

Every year, thousands of employees and volunteers are required to be fingerprinted by a Live Scan Operator. This class is your opportunity to learn the ins and outs of providing Live Scan services in California. From rolling fingerprints to buying the right equipment to attracting customers, find out what you need to know to get your own Live Scan business up and running.

No equipment required to take class.

9893 Fee: $99 Ashton & Clarissa
Feb 4 1 Fri 11:00 AM-2:00 PM

Register by January 25th to get $10 off!

Create a Successful Nonprofit/Community Service Organization

Fill a void in your community – or in society as a whole – by forming and managing a nonprofit or community service organization. This course will give you a roadmap for turning your ideas into viable and valuable programs. Explore how to define who your organization will help and craft an inspiring mission statement. Learn how to incorporate your organization, select a board of directors, and write the bylaws. You’ll also get into the nuts and bolts of developing a budget, creating a marketing plan, obtaining tax-exempt status, and fundraising options.

9879 Fee: $95 Gerald Anderson
Feb 26 1 Sat 9:00 AM-3:00 PM

Career & Business Development

How to Legally Start a Business in LA

This is a course to learn what is required to start a business in Los Angeles and surrounding areas. The class begins with a look at the challenges the new business owner will face, the marketing basics, and a quick and easy guide through the forest of regulations faced by new business start-ups in Los Angeles. Learn what you need to know about city and county tax forms, business licenses and reporting systems, payroll and income taxes, and federal and California requirements.

9878 Fee: $75 Gerald Anderson
Mar 5 1 Sat 9:00 AM-1:00 PM

Gerald Anderson, MBA, has been assisting business owners and entrepreneurs to design, build, and manage businesses for the last three decades. A Business Advisor with the Los Angeles Small Business Development Center Network, he has delivered over 15,000 hours of on-site management consultation and more than 1,500 hours of one-on-one management technical assistance to small business and entrepreneurs. Mr. Anderson is author of the e-book Look Before You Leap: How to Analyze & Plan Your Business Idea.

See Gerald’s Bookkeeping / Accounting Analysis & Concepts course on page 8!

Auto Wholesale Business from Home

Come learn how to make extra money buying and selling wholesale cars as a home-based business. Learn six easy techniques to earn $3000 just selling 2-3 cars a month. Find out how to get your auto dealer license and how to operate a profitable used car business. Get a FREE list of 300 dealer-only auctions in the USA where vehicles sell at below wholesale prices. This class is DMV approved and you’ll receive a DMV Certificate of Completion at the end of the class. With this certificate, you can take the 40 question exam with the DMV, and upon passing it you have 1 year to apply for a dealer license if you choose to do so.

9934 Fee: $115 Wayne Williams
Feb 28 & Mar 1 Mon & Tues 6:00 PM-9:00 PM

*Denotes online class  *Denotes on-campus class

For in-person classes, LACC Extension will be following LA County Covid guidelines.

☆ No classes Feb 18-21 ☆ laccextension.lacitycollege.edu ☆
Apartment Management Series
Sign up for parts 1 & 2 for $219* and receive a free Award of Completion.

*Must purchase series, adding classes individually to your cart will not activate discount.

كرم إدارة دفتر سلسلة
خطب弾 لـ 1 & 2 من $219* واحصل على جائزة الانتهاء.

*يجب شراء السلسلة، فإن إضافة تلك الدورات بشكل منفصل إلى عربة التسوق لا تنشئ خصمًا.

Apartment Management- Part I & II
Live! Rent Free!!!
Don’t put off your career as an apartment manager! Join us and learn how to get the upper hand on securing a job as an apartment manager. Topics include renting and leasing, rent control, apartment repairs, security deposit, Health Department & SCEP compliance, housing discrimination laws, disability codes, and more.

Part two covers advertising techniques, promoting rental of apartment units, record keeping, rent laws, tenant manager etiquette, preparing an impressive manager’s resume, and job marketing skills. Award of Completion issued upon achievement of both parts 1 & 2.

Be a Solar Panel Installer in Less Than a Month
Crash Course in Solar Installation
Solar-energy jobs are growing 12 times faster than the U.S. economy. Per the Bureau of Labor Statistics, solar installer employment is projected to grow 105 percent from 2016 to 2026, much faster than the average for all occupations. The State of California now requires that all new homes built have solar panels installed. This rapid expansion and adoption of solar panel installations in homes, commercial buildings, golf carts, swimming pools, water fountains, attic fans, and more will result in excellent job opportunities for qualified individuals.

Our crash course in solar design and installation can help make you one of those qualified individuals. The solar industry now employs more people than coal, oil, and gas combined. Great for engineers and engineering students, homeowners, contractors, infotech personnel (smaller and remote-operated systems), and those who want to install, maintain, inspect, or design solar installations. An Award of Completion issued upon student’s achievement of the class. Class fee includes materials.

Job Search Strategies
Finding a new job can be overwhelming. Learn how to make your job search easier and more effective. This interactive class will prepare you with a professionally edited resume, interview skills, networking strategies, and a game plan to identify high-quality positions and STAND OUT from the crowd.

Want more? Take a look at Ed2Go’s “Digital Marketing Suite” See pages 25 for details!

Register Now
323.953.4000 ext 2651
laccextension.lacitycollege.edu

☆ No classes Feb 18-21 ☆ laccextension.lacitycollege.edu ☆
**Bookkeeping/Accounting-Analysis & Concepts**

A class on how to operate a business using basic record keeping, accounting, reporting, and modes of analysis. Students will learn how to set-up a Chart of Accounts, how business transactions are processed, and how to prepare a Profit & Loss Statement, a Balance Sheet, and a Statement of Cash Flows. Financial operations and reporting for all forms of business are covered, however the sole proprietor form of business will be demonstrated. Students will learn how to prepare and file a Schedule C from their generated reports. This is a hands-on class where students learn the importance of timely reporting of business transaction by performing financial analysis, using graphs and ratios. This class is highly recommended before enrolling in QuickBooks classes beginning this spring!

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Fee: $135</th>
<th>Instructor</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>9880</td>
<td></td>
<td>Gerald Anderson</td>
<td>Feb 12</td>
<td>1 Sat 9:00 AM-3:00 PM</td>
</tr>
</tbody>
</table>

**Notary Loan Signing Seminar**

A Notary Signing Agent is a notary public who has specialized expertise in the handling of mortgage loan documents. With the housing market on the rebound, this will be an in-demand service for notary publics! Currently, Notary Signing Agents can make anywhere from $90-$180 and more per loan package.

Class fee includes valuable 60-page manual (a list of potential sources for your business is included in your manual) a practice loan package, practice journal page, notary forms and the certificate of class completion.

In this six-hour seminar, receive hands-on instruction in the main documents a Notary Signing Agent will notarize. You’ll assemble a practice loan package and will practice how to complete the journal, the acknowledgement and the jurat forms. Get familiar with escrow procedures, explore the types of real estate sales and loans currently on the market. Examine the ethical and administrative role of the notary and finally, learn about marketing and customer service, with practical information on how to start your new business.

Prerequisite: current notary public commission or successful completion of six hours of notary education.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Fee: $99</th>
<th>Instructor</th>
<th>Date</th>
<th>Time</th>
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<tr>
<td>9922</td>
<td></td>
<td>Rosie Reed</td>
<td>Jan 29</td>
<td>1 Sat 7:30 AM-4:00 PM</td>
</tr>
<tr>
<td>9923</td>
<td></td>
<td>Rosie Reed</td>
<td>Feb 12</td>
<td>1 Sat 9:00 AM-3:30 PM</td>
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</tbody>
</table>

*Denotes online class  *Denotes on-campus class

For in-person classes, LACC Extension will be following LA County Covid guidelines.

No classes Feb 18-21 laccextension.lacitycollege.edu
Microsoft Excel for Windows
The leader in creating spreadsheets and data presentation. Topics include basic worksheet navigation, entry techniques, cell references, using the command groups and settings, formulas and functions, charts and graphs, and simple database operations. Continuing classes include an overview of Excel’s vast collection of formulas, as well as an introduction to PivotTables.

Take the Excel 1 & 2 Series for only $165!*  
*Must purchase series, adding classes individually to your cart will not activate discount.

Adobe Photoshop Training for Everyone
If you’re new to Adobe Photoshop, you’ll learn the fundamental concepts and features you’ll need to master the program. If you’ve been using Photoshop for a while, you’ll find our training programs teach many advanced features and concepts. Students will create their own movie poster and pop art, and will be able to take their work with them for printing. Learn graphic design, photo manipulation, layout, and restoration. Photoshop is a very detailed program that can help business owners as well as individuals really stand out in a crowd in design and imaging. You may use PC or MAC with any Adobe Photoshop software EXCEPT Photoshop Elements. Adobe Photoshop required to participate in class. Get free 7-day trial at: https://www.adobe.com/products/photoshop/free-trial-download.html.

Adobe Illustrator Training for Everyone
Create vector-based graphics that can be easily rescaled without loss of quality. Learn basic tools and fundamentals, features for creating distinct designs include painterly/fluid brushes, shape-building tools, and path controls. There are also different transparency and gradients tools available for a variety of illustrations and mediums. Plus, create a personalized logo and business card. You may use PC or MAC. Adobe Illustrator required participate in class. Get free 7-day trial at: https://www.adobe.com/products/illustrator.html.

Introduction to Digital Photography
This course is a technical overview of the principles of Digital Photography. We'll cover many topics that will take your photo practice to the next level including, balancing proper exposure, composition guidelines, stop motion & blur techniques, keeping content organized, and more. Increase your knowledge and confidence when picking up your camera! DSLR or mirrorless camera and tripod required. No class Feb 19.

Our popular Computer for Beginners Series returns this Spring!

Want more advanced technology classes? Go to our Showbiz & Media section on page 15 for amazing Adobe product courses!
College for Young People

Writing & Grammar Workshop

This class will help improve your writing skills, reading comprehension, vocabulary, and grammar development. Homework assignments will be given weekly. Students will concentrate on specific problem areas they are having with classroom assignments and homework. Children are welcome to bring their schoolbooks and classroom writing questions. Class size is limited to 12 students. Brian King is a graduate of San Diego State University with over 24 years of teaching experience.

<table>
<thead>
<tr>
<th>GRADES 3-4</th>
<th>GRADES 5-6</th>
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<tr>
<td>9911</td>
<td>9916</td>
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<td>Fee: $49</td>
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<tr>
<td>Brian King</td>
<td>Brian King</td>
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<tr>
<td>Jan 25-Feb 22</td>
<td>Jan 25-Feb 22</td>
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<tr>
<td>5 Tues</td>
<td>5 Tues</td>
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<tr>
<td>4:00 PM-4:50 PM</td>
<td>5:00 PM-5:50 PM</td>
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</table>

Reading & Study Skills

Help your child improve their grades and reading comprehension! This class will cover various levels of reading, phonics, vocabulary & study skills. Students will have the opportunity to sharpen their presentation and reading skills by reading aloud to the class online. Homework will be assigned.

<table>
<thead>
<tr>
<th>GRADES 3-4</th>
<th>GRADES 5-6</th>
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<tr>
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<td>9918</td>
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<td>Brian King</td>
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<td>Jan 27-Feb 24</td>
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American Sign Language For Youth (Age 8-16)

Have you ever wanted to learn how to sign, but don’t know where to start? This is the class for you to unfold your potential signing skills. You’ll learn the basic language structure of American Sign Language (ASL) and Deaf culture through great activities. This is a fun introduction to American Sign Language (ASL) and finger spelling as it is used within Deaf culture. You will also learn how to use facial grammar, expressive and receptive skills to communicate in ASL, and intriguing facts about Deaf culture and community. Required book: American Sign Language Workbook: Exercises to Build Your Signing Vocabulary, ISBN: 978-1646119509. No class Feb 19.

<table>
<thead>
<tr>
<th>LEVEL 1</th>
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<tbody>
<tr>
<td>9929</td>
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<tr>
<td>Fee: $55</td>
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<tr>
<td>1:00 PM-2:00 PM</td>
</tr>
<tr>
<td>Kelly Martinez</td>
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<tr>
<td>Jan 22-Feb 26</td>
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</table>

Drawing for Young People (Age 7-14)

Students will have fun discovering and exploring their artistic creativity while learning various drawing techniques. Exciting weekly art projects will introduce color theory, design principles, and the use of charcoal sticks. Bring a drawing pad (18”x12”), a full stick of charcoal, a full stick of white chalk, a box of 12 color sticks and a box of 12 - color pencils, and 1 white bar eraser, (nothing fancy or expensive) to first class. No class Feb 19.

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<thead>
<tr>
<th>GRADES 3-4</th>
<th>GRADES 5-6</th>
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<tr>
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<td>9942</td>
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<tr>
<td>Fee: $65</td>
<td>Fee: $65</td>
</tr>
<tr>
<td>Pablo Jacome</td>
<td>Israel Lopez</td>
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<tr>
<td>Jan 22-Feb 26</td>
<td>Jan 23-Feb 27</td>
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<tr>
<td>5 Sat</td>
<td>5 Sun</td>
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<tr>
<td>9:00 AM-10:30 AM</td>
<td>10:00 AM-11:30 AM</td>
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Fun with ABCs (Age 3-5)

Fun with ABCs is for very young students to learn to recite, recognize, and write the Alphabet through songs, phonics skills, and arts! Age-appropriate literature will also be introduced, along with some basic introductory counting. Limit 10 students. No class Feb 19.

<table>
<thead>
<tr>
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<tr>
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<td>1:00 PM-2:00 PM</td>
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<tr>
<td>Mariane Bangui</td>
</tr>
<tr>
<td>Jan 22-Feb 26</td>
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</table>

Parent & Me Pastry Decorating: Cupcake, Cake Pops & Mini Cakes (Age 8-15)

With the help of their parent, students will use proper ingredients to make delicious flavorful frosting, and get tips and secrets of decorating cake pops, cupcakes, and cakes. Learn how to color the frosting with tubing incorporating edible glitter and other cake decor. Learn the fine details of intricate edible design and the cleanest way to work with cupcakes. You will dazzle your friends and family with beautiful and delicious edible works of art. Please provide an email address at time of registration for the instructor to provide a list of materials for class. No class Feb 19.

<table>
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<tr>
<th>9956</th>
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<tr>
<td>Fee: $65</td>
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<tr>
<td>12:00 PM-2:00 PM</td>
</tr>
<tr>
<td>Blanca Garcia</td>
</tr>
<tr>
<td>Feb 5-Mar 5</td>
</tr>
</tbody>
</table>

Draw Comic Book & Cartoon Characters for Kids (Age 8-15)

Have fun learning various drawing techniques needed in order to create the many cartoon and comic book characters we see in TV, movies, and comics. Learn fundamental drawing techniques that emphasize on structure so that you are able to draw any character you choose. Register before class fills up! No experience needed. Please bring a pencil, eraser, pad of paper, and colored pencils to class. No class Feb 20.

<table>
<thead>
<tr>
<th>9942</th>
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<tr>
<td>Fee: $65</td>
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<tr>
<td>10:00 AM-11:30 AM</td>
</tr>
<tr>
<td>Israel Lopez</td>
</tr>
<tr>
<td>Jan 23-Feb 27</td>
</tr>
<tr>
<td>5 Sun</td>
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</table>

Spanish for Kids (Age 7-10)

An introductory class open to young people who want to learn the basic fundamentals of reading and speaking Spanish. In addition to providing the practice needed to aid retention, this class will also provide the opportunity to develop a higher level of thinking skills as it aims at teaching how to use the language creatively. This class is limited to 15 students. No class Feb 19.

<table>
<thead>
<tr>
<th>9955</th>
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</thead>
<tbody>
<tr>
<td>LEVEL 1</td>
</tr>
<tr>
<td>Fee: $59</td>
</tr>
<tr>
<td>9:00 AM-11:00 AM</td>
</tr>
<tr>
<td>Blanca Garcia</td>
</tr>
<tr>
<td>Feb 5-Mar 5</td>
</tr>
<tr>
<td>4 Sat</td>
</tr>
</tbody>
</table>

Level 2 offered in the Spring!
Judo for Kids (Age 6-17)
This is a traditional Japanese martial arts class, specializing in throws and takedowns, that will help kids develop coordination, self-confidence and agility. No class Feb 19.

9882  Fee: $55  Jojo Aguilar
Jan 22-Feb 26  5 Sat  1:00 PM-2:00 PM

Kinder Gym (Age 2-4)
Enjoy an hour of fun and exercise. Games, songs, and motor skill activities will help your child develop coordination, confidence, and physical fitness. Parent participation is required. No class Feb 19.

9883  Fee: $55  Jojo Aguilar
Jan 22-Feb 26  5 Sat  2:00 PM-3:00 PM

Gymnastics for Kids (Age 5-12)
Have fun tumbling, running, doing song/dance and motor skill exercises. These fun activities will help to build proper body coordination, growth development and encourage self-confidence. Parent participation is recommended. No class Feb 19.

9884  Fee: $55  Jojo Aguilar
Jan 22-Feb 26  5 Sat  3:00 PM-4:00 PM

Ballet for Kids
An introduction to ballet techniques for children. The program will focus on the basic positions, steps, movement, discipline of ballet. This workshop will also provide instruction on correct use of the physical mechanics of motion, while encouraging the spirit of dance in children, reap the benefits that ballet classes can bring in self-confidence, friendships, self-discipline, and the joy of movement. These can be used as a springboard to learn new skills. No class Feb 19.

AGE 3-4
9866  Fee: $55  Ruby Lugo Flores
Jan 22-Feb 26  5 Sat  10:00 AM-11:00 AM

AGE 5-8
9894  Fee: $55  Sandy Fetherolf
Jan 22-Feb 26  5 Sat  11:00 AM-12:00 PM

Hip Hop Dancing for Kids
Hip hop dancing is fun, energetic, and great exercise. Come learn the latest moves in a class that will teach students about rhythm, basic footwork, and choreography. Students should dress comfortably with sneakers and come ready to move! All levels are welcome. No class Feb 19.

9867  Fee: $55  Ruby Lugo Flores
Jan 22-Feb 26  5 Sat  11:00 AM-12:00 PM

Piano/Keyboarding for Young People (Age 8-17)
Learn basic music note reading, written note theory, development in finger coordination, and critical sense of listening; notations in pitch and rhythm; discipline in good practice habits with an appreciation of music. Students will choose music comparable to their level. Must have your own keyboard. No class Feb 19.

BEGINNING
9924  Fee: $55  Alfred Reganyan
Jan 22-Feb 26  5 Sat  8:30 AM-9:30 AM

Guitar for Young People
(Age 9-17)
Discover the true and fun way to play the guitar. This class will teach proper finger coordination, how to tune your guitar, and reading basic music notes. Have fun while learning how to play this wonderful instrument. Class is limited to 15 students. Must have your own guitar. No class Feb 19.

9872  Fee: $65  Anthony Baray
Jan 22-Feb 26  5 Sat  10:00 AM-11:30 AM

Singing for Children (Age 5-10)
Learn proper vocal and breathing techniques to strengthen and bring out your child’s full singing potential and develop confidence for any musical setting. Topics may include basic ear training, scales, vowels, and learning simple melodies. No class Feb 19.

9961  Fee: $55  Linda Stevens
Jan 22-Feb 26  5 Sat  1:30 PM-2:30 PM

Youth Basketball Clinic
The Youth Basketball Clinic introduces fundamentals, individual skills, basic ball handling techniques, injury prevention, team building, and team concepts. In this program, girls and boys will take the next step in their physical and strategic development of their basketball skills! No street shoes allowed. Please wear gym shoes, athletic clothing, and a crew neck t-shirt. Limit 16 students. All experience levels welcome! Sorry, no food allowed inside gymnasium, bottle of water OK. No class Feb 19.

9946  Fee: $65  Joshua Wade
Jan 22-Feb 26  5 Sat  11:00 AM-1:00 PM

*Denotes online class  *Denotes on-campus class

For in-person classes, LACC Extension will be following LA County Covid guidelines.

☆ No classes Feb 18-21 ☆ laccextension.lacitycollege.edu ☆
Swimming & Camp

Private Swim Lessons for Adults and Kids Age 7+
Intensive private swim instruction in a one-on-one format for the best personal interaction. You must schedule five consecutive lessons, subject to availability, at the time of registration. Missed lessons cannot be rescheduled and are non-refundable.
No class Feb 19 & 20.

Jan 22-Feb 26  5 Sat / Sun  1:00PM - 3:00PM
$115  5 meetings of 25-Minutes
$199  5 meetings of 50-Minutes
* Private lessons must be registered by phone *

Over 50 years of running camps for children is COMING THIS SUMMER to LA City College to bring fun to your cubs!

CLASSIC DAY CAMP
This is Monarch’s longest running and most popular camp and we’re bringing it to LACC! Campers participate in arts & crafts, special projects and play in a variety of sports such as gymnastics, basketball, tennis, soccer and archery. We build a strong sense of camp tradition and community through singing, dancing, special dress-up and theme days with unique events. Groups are divided by grade level.

June 13 - August 12, 2022
Mon-Fri 7:30 AM-5:30 PM
Learn more at cubcamps.com
info@cubcamps.com
(213) 550-5115 ext. 3016

Monarch Camps’ mission is to provide campers with a fun and enriching environment where growth is a natural outcome of participation. The sports and activities we offer facilitate the development of cooperation, creativity, motor skills and sportsmanship among campers. Camp traditions and inclusion are tools that we use to cultivate a family environment. We strive to be a positive influence on a camper’s growth from childhood through their teen and adult years.
Spanish Conversation and Pronunciation

**Level 1** focuses on the fundamentals of communicating in Spanish. The student will learn the vowels and their tones, the alphabet, numbers, greetings and farewells, and the differences between speaking formally and informally in a conversation. Emphasis will be on basic grammar, personal pronouns, pronunciation, and conversational dialogue. By the end of the course, the student should be able to identify themselves and others, express emotions, and talk about daily activities. **No class Feb 19.**

**English Pronunciation Workshop (formerly Accent Reduction)**
This class is specifically designed for English language learners or anyone interested in improving their clarity in English. Build confidence in your English communication to assist you in your career and social life. Learn and practice the fundamentals of American English pronunciation, rhythm and intonation. Identify the sounds and words that get in your way, and practice your speech in an inclusive and uplifting environment. **No class Feb 19.**

**Level 2 offered in the Spring!**

**Public Speaking**
Do you worry about having to speak in public? Learn to use your unique personality strengths to conquer the fear and improve your public speaking ability. Prepare informative and persuasive speeches for special and professional occasions. Get individual assessment of voice and speech production, plus gain practical online skills for speaking in a virtual setting. **No class Feb 19.**

**Filipino/Tagalog Language**
Learn to speak Filipino in just a few days! Students will acquire the basic skills of reading, writing, listening, and speaking Filipino/Tagalog while learning about the Philippines and its culture. Topics also include interacting with classmates and teacher on constructing grammatical sentences through parts of speech. Register today! **No class Feb 19.**

**American Sign Language**
Is Spanish your preferred language? We offer Lenguaje de Señas Americano, an ASL class for Spanish speakers! See page 26 for details!

**Self-register online by January 16th with code BRUMAL22 to get $5 OFF!**

Register Now
323.953.4000 ext 2651
laccextension.lacitycollege.edu

*Denotes online class  *Denotes on-campus class
For in-person classes, LACC Extension will be following LA County Covid guidelines.
<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
<th>Location</th>
<th>Fee</th>
<th>Mat</th>
<th>Days</th>
<th>Time</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pottery Making</strong></td>
<td>Students will learn the basics of throwing on a potter's wheel. Simple forms such as cylinders, cups, and bowls will be emphasized. Learn the use of clay slab, along with methods of using pinch pots, coiling, and glazing. Attendance is important in order to complete class pottery projects. Please bring bath-sized towel to class. Limit 8 students. CLASS FEE INCLUDES MATERIALS. No class Feb 9, 12, 16, &amp; 19.</td>
<td>Off Campus - Toros Pottery 4962 Eagle Rock Blvd.</td>
<td>$195</td>
<td>$25</td>
<td>Sun</td>
<td>11:30 AM-1:00 PM</td>
<td>Israel Lopez</td>
</tr>
<tr>
<td><strong>Draw Comic Book &amp; Cartoon Characters</strong></td>
<td>If you always wanted to become a cartoon artist this beginner's class is for you. Sketch out your favorite characters while learning some fundamental drawing concepts. Within this course you will learn drawing techniques such as: linear perspective, proportions, line of action, and much more. No experience needed. Please bring a pencil, eraser, and pad of paper to the first meeting. Instructor will address additional materials at the first session. No class Feb 20.</td>
<td></td>
<td>$69</td>
<td></td>
<td>Sun</td>
<td>1:00 PM-3:00 PM</td>
<td>Blanca Garcia</td>
</tr>
<tr>
<td><strong>Candle Making</strong></td>
<td>Have you ever wondered how beautiful candles are made? Have you ever wanted to make fragrant, multicolored candles for yourself or friends? Learn how to create unique candles to admire and share for far less than what they cost in stores in this dynamic workshop. Make several candles and learn skills to continue on your own. Topics include: • Getting started • Types of candles • Candle molds • Adding fragrance and color • Materials and supply sources. Class is hands-on, please dress accordingly.</td>
<td></td>
<td>$39</td>
<td>$25</td>
<td>Sun</td>
<td>6:30 PM-9:30 PM</td>
<td>Quayum Abdul</td>
</tr>
<tr>
<td><strong>Soap Making</strong></td>
<td>Your bath can become your at-home getaway when you add beautiful and fragrant handmade glycerin soaps. Making these beautiful soaps is easy and enjoyable and expressing your creativity is part of the fun. In this online course, students will create different types of soaps while learning how to use colors, molds, fragrances, essential oil, extract, herbs, and novelties. There will be a virtual discussion on how to make organic, natural or therapeutic soap. Participants will have Zoom link and ingredient list by email before day of class.</td>
<td></td>
<td>$39</td>
<td>$25</td>
<td>Sun</td>
<td>6:30 PM-9:30 PM</td>
<td>Quayum Abdul</td>
</tr>
<tr>
<td><strong>Painting with Watercolor</strong></td>
<td>The course will help students gather the tools needed to create and express themselves through watercolor. Through instructor guided paintings, students will receive step-by-step instruction on watercolor techniques. The instructor will cover concepts such as, basic color theory, composition, brush strokes, blending, and more. Students need to have access to a basic set of watercolor paint set (tube paint will work), a watercolor paper pad (9”x12” preferably), 2 cups or tin cans, a rag or small towel, watercolor brushes, pencil, eraser and masking tape. No class Feb 20.</td>
<td></td>
<td>$65</td>
<td></td>
<td>Sun</td>
<td>1:00 PM-3:00 PM</td>
<td>Blanca Garcia</td>
</tr>
<tr>
<td><strong>Painting for Adults (Age 17+)</strong></td>
<td>This class will get you started in basic color charcoal stick painting techniques with an emphasis on understanding/experiencing color composition in two and three-dimensional design. Get step-by-step instructions as you use charcoal sticks and acrylics to paint still life, flowers, landscape, etc. This class will help to build your observational and visual thinking skills for showcasing artistic expression. Bring 1 drawing pad (18”x12”), 1 - 2B and HB pencil, 1 white bar eraser, 1 full stick of charcoal, 1 full stick of white chalk, a box of 12 color sticks, and a box of 12 color pencils, (nothing fancy or expensive), acrylic paints, brushes, and a small tin cup. No class Feb 19.</td>
<td></td>
<td>$65</td>
<td></td>
<td>Sat</td>
<td>10:30 AM-12:00 PM</td>
<td>Pablo Jacome</td>
</tr>
<tr>
<td><strong>Knitting - Beginning</strong></td>
<td>Welcoming both men and women alike, knitting can be used to create garments and patterns of many varieties. You will be introduced to needle and string types, stitching patterns, and how to cast-on, knit, purl stitch and cast-off or finish-off. By end of class you have garment(s) made by you! See the class description on our website to view material list and where to purchase.</td>
<td></td>
<td>$65</td>
<td></td>
<td>Sun</td>
<td>2:00 PM-4:00 PM</td>
<td>Blanca Garcia</td>
</tr>
</tbody>
</table>

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*Denotes on-campus class

For in-person classes, LACC Extension will be following LA County Covid guidelines.
Digital Video Editing Series
Levels 1 & 2 for $299!*
*Must purchase series, adding classes individually will not activate discount.

Digital Video Editing- Level 1 with Adobe Premiere Pro
In this beginner’s class, learn how to ingest your video into Adobe Premiere Pro CC and edit it. Arrange audio, video, and clip effects on the timeline, and learn media management and insertion into the timeline sequence. You can add cinema-quality effects, filters to video and audio tracks, as well as titles and credits to your finished projects. You may use MAC or PC.
Adobe Premiere Pro required to participate in class. Single month access available at https://www.adobe.com/products/premiere/free-trial-download.html

Jan 22-Feb 12
9890
Fee: $179
Andre Campbell
Jan 22-Feb 12
4 Sat
9:30 AM-12:30 PM

Digital Video Editing- Level 2 with Adobe Premiere Pro
A non-beginner’s class. The student must be familiar with browsing, logging on, setting up project, editing, and exporting edited timeline platforms in Adobe Premiere. This class will cover how to use tools, track audio menu, effects window, platforms in Adobe Premiere. This class will look at using tools, track audio, menus, effect windows, timeline pancking, media browsing, working with different resolutions on a timeline, adjustment layer, ingesting, proxy’s, color correction and preset library.
Taking level 1 is highly recommended. Adobe Premiere Pro required to participate in class. Single month access available at https://www.adobe.com/products/premiere/free-trial-download.html

Jan 25-Feb 15
9974
Fee: $169
Jake O’Flaherty
Jan 25-Mar 1
6 Tues
7:00 PM-10:00 PM

Showbiz & Media

Introduction to Voice-Overs
We hear voice-overs all the time - on TV and radio ads, animation, videogames, audiobooks, podcasts, instructional videos, etc. Have you thought you might like to try it yourself or been told you should? In this class you will learn what it’s really like to read “copy” and turn it into audio magic. We will explore the acting craft and some of the technical and business elements as well. Come find your voice and have some fun!

9974
Fee: $169
Jake O’Flaherty
Jan 25-Mar 1
6 Tues
7:00 PM-10:00 PM

No classes Feb 18-21

Write a Feature Screenplay in 5 Weeks
If you’ve been wanting to write a feature screenplay but don’t know where to begin, this class is your chance to start (and finish!) a screenplay in just over a month. Learn the bare bones structure for working fast and smart in a style that fits your story. Bring your idea — whether it be a paragraph, a synopsis, a character, or an unfinished story. Bring your idea — whether it be a paragraph, a synopsis, a character, or an unfinished story. — and be ready to work! No class Feb Jan 29 & Feb 19.

9945
Fee: $89
Michael R. Morris
Jan 22-Mar 5
5 Sat
10:30 AM-12:30 PM

Acting Technique
Would you like to be an actor? Explore the basics of acting in a safe, positive, and encouraging environment. Learn how to break down a script or prepare for an audition. Create and develop believable characters through effective use of imagination. Breathe life into every scene and move people emotionally. Work on film & T.V. scripts with scene partners. All levels of experience are welcome. This class has an on-camera component.

9927
Fee: $85 | Mat: $5
Nancy Friedman
Jan 24-Feb 14
4 Mon
7:00 PM-10:00 PM

Nancy teaches professional acting classes to adults, teens, and children while also working as a private acting coach. With a background in acting, casting, and film directing, she brings her students experience from both sides of the camera.

Introduction to Adobe After Effects
Welcome to After Effects, where you will create powerful animation and motion graphics! We will set up a composition in Photoshop to import into After Effects and begin animating! Learn the After Effects interface and best practices, such as how to configure your After Effects settings and set up your computer for optimal playback. Make your layers move realistically and add animated GIFs, Green Screen effects, Audio, and Titles for a complete, polished, animated video!
Required: Internet access, Zoom, Adobe Photoshop, Adobe After Effects, Adobe Premiere. Get free 7-day trials of these Adobe software at:
https://www.adobe.com/products/aftereffects.html

9921
Fee: $229
Jennifer Penton
Jan 25-Feb 15
4 Tues
7:00 PM-10:00 PM
Your Awesome Life Series

LA City College Extension is proud to host a series of classes called *Your Awesome Life*! These classes are designed to help you take your life to the next level. Whether you have problems sticking to your goals or you’d like to get organized or even improve your outlook on life, *Your Awesome Life* is a great opportunity to work with professional Coaches dedicated to inspiring you to make your life the best it can be!

### Your Personal Style: Discover Your Style Personality

Did you know we all have a style archetype? How the characteristics of your personality are communicated through clothing. A style that is unique to “us” and that has its own “life” is one of the key elements to developing your own style. Here is your chance to be taught by one of the most successful Style Coaches™ in Los Angeles on how to discover your style personality elements that will result in a more fine-tuned image. Make shopping and getting dressed much simpler with your new skill. This class will walk you through a trusted step-by-step process on how to define your style personality. All are welcome, this is a unisex class.

**9959**

Fee: $65  
Rayne Parvis  
Jan 29  
1 Sat  
10:00 AM-12:00 PM

Rayne Parvis is an LA-based certified personal stylist, Style Coach™, media personality, and author of Ultimate Guide to Style: From Drab to Fab! Featured on networks such as CBS/KCAL, FOX, companies like Nordstrom, in magazines, and on numerous blogs and podcasts, Rayne has provided transformational style and fashion tips for individuals who want to look their best since 2010. Visit RayneParvis.com/about for more information.

### 5 Step Guide to Organize Your Life & Money

Mastery over your finances can help you live a life with less stress and more freedom. This class offers an easy-to-understand guide to gain confidence around your money and inspire smarter financial decisions. Designed for individuals of all levels to expand their knowledge and find the right mindset to live a healthy financial life.

**9947**

Fee: $65  
Ryan Miyamoto  
Mar 9  
1 Wed  
10:00 AM-11:00 AM

Ryan is a Certified Financial Planner and Managing Director of Derive Wealth, an independent financial planning firm. He helps individuals, families, and business owners design personal financial plans and make smarter financial decisions.
Find Your Life’s Purpose
Are you stressed and unfulfilled? Are you looking for less struggle and more joy? Take a life-transforming day with Certified Life Coach Kent Scheibel, who has spent the last two decades studying with leading personal development experts worldwide. Learn how to be in the flow with who you are and share your gifts with the world. Kent will show you how peace comes from cooperating with life, and finding purpose comes from cooperating with who you naturally are. Learn to discard inner obstacles, relax, and be free to be you.

9960  Fee: $65  Kent Scheibel
Feb 5  1 Sat  10:00 AM-5:00 PM

Kent Scheibel was born in Kentucky in 1972 and spent his teens and twenties dealing with what he describes as “crippling depression and anxiety.” Through his struggles, he became determined to find happiness and meaning in life. After dedicating twenty years of his life to studying with personal development experts, meditation masters, and world-traveling, he found the answer to be quite direct and straightforward. “The more one can live in the present moment and be themselves; the happier and more effective they will be.” Kent’s mission is to coach people from all backgrounds to discover true peace and express themselves with authenticity, trust, and love.

Understanding Weight Loss
To lose weight, we first must understand the body and why it chooses to store or release fat cells. In this class, Board Certified Holistic Nutrition Consultant, Carrie Bonfitto, will explain the relationship between exercise, nutrition, lifestyle, and weight loss. Learn strategies for reducing cravings, controlling portion sizes, and boosting metabolism so that you can lose weight and gain energy.

9875  Fee: $59  Carrie Bonfitto
Jan 29 & Feb 5  2 Sat  10:00 AM-11:00 AM

Board Certified Holistic Nutritionist, Carrie Bonfitto, NC., is a wellness educator in the Los Angeles area. Through her private practice, Two Hearts Nutrition, she helps you make the connection between what you eat and how you feel. As a professionally trained chef, she combines her knowledge of food therapy and culinary skills to help you form healthy and delicious eating habits that enhance your body’s innate healing power.

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Healthy Lifestyle & Fitness

Quick & Dirty Self Defense
Learn how to protect yourself in the streets, how to turn your fear into anger and switch yourself into attack mode. Defend yourself against an attacker and learn why size is not a factor. Students will learn effective techniques on how to quickly subdue their attacker. Teens welcome with parent/guardian permission.

9881 Fee: $59 Jojo Aguilar
Jan 22-Feb 5 3 Sat 4:30 PM-6:30 PM

Muay Thai/Thai Boxing
Muay Thai or Thai Boxing is the national sport of Thailand. Learn the Art of Eight Limbs, the use of fists, knees, elbows, and kicks and get yourself in great physical shape. This 6-week course will cover offense, defense, and strategy in a safe and non-competitive atmosphere. Basic terms, terminology, history, and tradition will be covered in this Authentic Thai Boxing Program taught by the professional staff of Muay Thai America Gym. No experience necessary. Boxing gloves required. Ages 14+ (with permission for minors). No class Feb 19.

9909 Fee: $55 David Huey
Jan 22-Mar 5 6 Sat 10:00 AM-12:00 PM
9910 Fee: $55 David Huey
Jan 26-Mar 2 6 Wed 6:00 PM-8:00 PM

Badminton Clinic (Ages 18+)
Get into the fastest racquet sport (record set at over 200 mph) on Earth and improve your health, self-esteem and awareness of yourself and the environment. Understand the quality of the various racquets and shuttlecocks and its impact on the game. Learn correct techniques of performing different type of serves, attacking and defensive shots as well as rules and regulation of the game and proper court etiquette. Play singles, doubles of mixed games with various emphasis on the strategy and tactics. Additional bonus – learn about competitions which are happening nearby. Attire: light t-shirt, and shorts/skirt, shoes with non-marking sole are required. Players are encouraged to bring water to keep themselves hydrated. No class Feb 19.

9939 Fee: $29 Irena Konstantinova
Jan 15-29 3 Sat 2:00 PM-4:00 PM
9940 Fee: $29 Irena Konstantinova
Feb 5-26 3 Sat 2:00 PM-4:00 PM
9941 Fee: $35 Irena Konstantinova
Mar 5-26 4 Sat 2:00 PM-4:00 PM

Understanding Weight Loss
To lose weight, we first must understand the body and why it chooses to store or release fat cells. In this class, Board Certified Holistic Nutrition Consultant, Carrie Bonfitto, will explain the relationship between exercise, nutrition, lifestyle, and weight loss. Learn strategies for reducing cravings, controlling portion sizes, and boosting metabolism so that you can lose weight and gain energy.

9875 Fee: $59 Carrie Bonfitto
Jan 29 & Feb 5 2 Sat 10:00 AM-11:00 AM

Register Now
323.953.4000 ext 2651
laccextension.lacitycollege.edu

Self-register online by January 16th with code BRUMAL22 to get $5 OFF!
## Try one of our new Exercise Classes!

### Judo for Adults
Judo involves throwing another human being to the ground and having the knowledge to fight on the ground. This class is for adults looking to begin or continue their martial art journey through judo. Learn from a National Judo Champion as well as a certified National Coach for USA Judo and United States Judo Federation teacher. **No class Feb 19.**

<table>
<thead>
<tr>
<th>Code</th>
<th>Fee</th>
<th>Instructor</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>9889</td>
<td>$55</td>
<td>Jojo Aguilar</td>
<td>Sat</td>
<td>12:00 PM-1:00 PM</td>
</tr>
</tbody>
</table>

### Fun Movement for Seniors
This class is for senior citizens and anyone who misses having fun through exercise and dance. Together we move through poses and dances all while sitting down to increase balance, flexibility, and range of motion. We also focus on tips and drills to help you reduce your risk of falling and improve your quality of life. **No class Feb 19.**

<table>
<thead>
<tr>
<th>Code</th>
<th>Fee</th>
<th>Instructor</th>
<th>Days</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>9949</td>
<td>$55</td>
<td>Jojo Aguilar</td>
<td>Sat</td>
<td>9:00 AM-10:00 AM</td>
</tr>
</tbody>
</table>

### Yoga For Seniors
This class focuses on gaining strength and flexibility at a comfortable pace. Attention to individual needs is prioritized and modifications are introduced to allow full class participation. No prior experience or fitness level is required and this is a great introduction to the benefits of yoga for overall fitness. Please bring an exercise mat.

<table>
<thead>
<tr>
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<th>Fee</th>
<th>Instructor</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>9953</td>
<td>$55</td>
<td>Sandy Fetherolf</td>
<td>Wed</td>
<td>1:00 PM-2:00 PM</td>
</tr>
</tbody>
</table>

### Pilates Mat Class
Strengthen your stomach, your back & streamline your body by developing core strength, flexibility, and awareness in order to support efficient and graceful movement through Pilates. This is open for anyone who wants a workout of the entire body. Register early before class fills up. **Bring an exercise mat. No class Feb 19.**

<table>
<thead>
<tr>
<th>Code</th>
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<tbody>
<tr>
<td>9895</td>
<td>$55</td>
<td>Sandy Fetherolf</td>
<td>Sat</td>
<td>1:30 PM-2:30 PM</td>
</tr>
</tbody>
</table>

### Yoga Basics
Increase your flexibility, decrease your stress and watch your body respond as it slims and trims down for a healthier and youthful looking you. The practice has many benefits, including improved strength, flexibility and mobility, better sleep, relief from stress, anxiety, and depression. Register before class fills up. **Bring a yoga mat. No class Feb 19.**

<table>
<thead>
<tr>
<th>Code</th>
<th>Fee</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>9896</td>
<td>$55</td>
<td>Sandy Fetherolf</td>
<td>Sat</td>
<td>2:30 PM-3:30 PM</td>
</tr>
</tbody>
</table>

### Animal Flow
Animal Flow is a ground-based, bodyweight movement system designed to improve a range of skills including speed, power, endurance, flexibility, mobility, and stability — the idea being that you can tailor your routine to suit your goals. Ultimately, it’s a fun and unique way to develop a relationship with your body!

<table>
<thead>
<tr>
<th>Code</th>
<th>Fee</th>
<th>Instructor</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>9951</td>
<td>$55</td>
<td>Jojo Aguilar</td>
<td>Wed</td>
<td>4:00 PM-5:00 PM</td>
</tr>
</tbody>
</table>

### Strength & Conditioning
Strength & Conditioning brings a feeling of integrity and confidence to all physical activities. With strength & conditioning you will develop every area of your body and improve the way you move, with the intention of enhancing athletic performance, as well as providing a solid base for everyday physical demands. **No class Feb 21.**

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<thead>
<tr>
<th>Code</th>
<th>Fee</th>
<th>Instructor</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>9952</td>
<td>$55</td>
<td>Jojo Aguilar</td>
<td>Mon</td>
<td>4:00 PM-5:00 PM</td>
</tr>
</tbody>
</table>

### Tai Chi for Seniors
The practice of Tai Chi is specifically designed to improve balance and greater overall stability. Tai Chi can be enjoyed at any age and benefit overall health and well being through slow moving strength training. This class is suitable for all levels of fitness. No experience is required. Please bring an exercise mat.

<table>
<thead>
<tr>
<th>Code</th>
<th>Fee</th>
<th>Instructor</th>
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</tr>
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<tr>
<td>9954</td>
<td>$55</td>
<td>Sandy Fetherolf</td>
<td>Wed</td>
<td>2:00 PM-3:00 PM</td>
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</table>

### Tai Chi Chuan
An ancient Chinese discipline for health, relaxation, meditation, and self-defense. Its circular movements are based on a profound, practical philosophy useful in daily life. It creates a sense of well-being, reduces stress, and improves balance, coordination, and flexibility. Wear comfortable clothes and flat shoes. Register early before class fills up. **Bring an exercise mat. No class Feb 19.**

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<thead>
<tr>
<th>Code</th>
<th>Fee</th>
<th>Instructor</th>
<th>Days</th>
<th>Time</th>
</tr>
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<tbody>
<tr>
<td>9897</td>
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<td>Sandy Fetherolf</td>
<td>Sat</td>
<td>3:30 PM-4:30 PM</td>
</tr>
</tbody>
</table>

### *Denotes online class

### *Denotes on-campus class

For in-person classes, LACC Extension will be following LA County Covid guidelines.

☆ No classes Feb 18-21 ☆ laccextension.lacitycollege.edu ☆
**Barista Training for Beginners**

Learn about coffee, how to prepare and serve espresso and espresso-based drinks. Program will show how to use espresso/cappuccino machine at a commercial level and will make you confident around coffee and equipment. Part 2 focuses on latte art. Completion of both Parts 1 & 2 will include a Basic Barista Certification, which can be used for employment referral. Class will be instructed by a Specialty Coffee Consultant, who has more than 15 years of experience in Italian espresso, espresso equipment (at an engineering level) and Barista training in over 80 restaurants and coffee shops. Please bring an apron and comfortable shoes.

**CLASS FEE INCLUDES MATERIALS.**

Class held at Hansen's Coffee & Tea
14443 Califa St, Van Nuys, CA 91401

| 9903 | PART 1 | Fee: $179 | Sven Hansen |
| Jan 29 | 1 Sat | 2:00 PM-6:00 PM |

| 9904 | PART 2 | Fee: $179 | Sven Hansen |
| Feb 5 | 1 Sat | 2:00 PM-6:00 PM |

*Denotes online class

*Denotes on-campus class

For in-person classes, LACC Extension will be following LA County Covid guidelines.

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**Essential Soups**

Soups are healing, hydrating, and healthy! Learn to how simple, quick, and budget friendly it can be to make delicious soups from scratch! You’ll get an ingredients list sent to you before class so you can choose to cook along with the instructor in your kitchen.

| 9876 | Fee: $39 | Carrie Bonfitto |
| Feb 26 | 1 Sat | 10:00 AM-11:30 AM |

**Homemade Protein Bars**

Save money by getting the hang of making your own delicious protein bars at home. Plus you’ll learn how much protein you should be eating everyday for optimal health. You’ll get an ingredients list sent to you before class so you can cook along with the instructor in your kitchen. Participation requires a food processor.

| 9886 | Fee: $29 | Carrie Bonfitto |
| Mar 5 | 1 Sat | 10:00 AM-11:00 AM |

See page 17 for more about Carrie and her Understanding Weight Loss course, which is part of our Your Awesome Life Series!

**ServSafe Food Protection Manager Training & Certification**

This nationally accredited certification is endorsed by the National Restaurant Association and meets regulatory requirements for the State of California. This comprehensive training provides the fundamentals to managing all aspects of food safety in your restaurant. Join me as we do a deep dive into preventing foodborne illness, personal hygiene for restaurants, proper receiving, storing, preparing and serving food and other related food safety regulations. Class time includes a one-hour break. Written certification test will be administered immediately after training. Certification is valid for 5 years and can be transferable to any food service operation. Bring valid photo ID or Passport.

| 9950 | Fee: $159 | Mat: $36 | Aja Beard |
| Mar 5 | 1 Sat | 9:00 AM-6:00 PM |

**Knife Skills**

Feel more comfortable in the kitchen and improve your cooking efficiency by learning how to use a chef’s knife properly. This class focuses on the essential knife skills for a home cook, and teaches you slicing, dicing, chopping, knife sharpening and more to help you enjoy cooking! You’ll get a produce list sent to you before class so you can cut along with the instructor in your kitchen. Upon registration, check your confirmation letter for the list of ingredients and supplies you will need for this class! Participation requires a chef’s knife and cutting board.

| 9885 | Fee: $39 | Carrie Bonfitto |
| Feb 12 | 1 Sat | 10:00 AM-11:30 AM |

**ServSafe Food Protection Manager Training & Certification**

This nationally accredited certification is endorsed by the National Restaurant Association and meets regulatory requirements for the State of California. This comprehensive training provides the fundamentals to managing all aspects of food safety in your restaurant. Join me as we do a deep dive into preventing foodborne illness, personal hygiene for restaurants, proper receiving, storing, preparing and serving food and other related food safety regulations. Class time includes a one-hour break. Written certification test will be administered immediately after training. Certification is valid for 5 years and can be transferable to any food service operation. Bring valid photo ID or Passport.

| 9950 | Fee: $159 | Mat: $36 | Aja Beard |
| Mar 5 | 1 Sat | 9:00 AM-6:00 PM |

**Knife Skills**

Feel more comfortable in the kitchen and improve your cooking efficiency by learning how to use a chef’s knife properly. This class focuses on the essential knife skills for a home cook, and teaches you slicing, dicing, chopping, knife sharpening and more to help you enjoy cooking! You’ll get a produce list sent to you before class so you can cut along with the instructor in your kitchen. Upon registration, check your confirmation letter for the list of ingredients and supplies you will need for this class! Participation requires a chef’s knife and cutting board.

| 9885 | Fee: $39 | Carrie Bonfitto |
| Feb 12 | 1 Sat | 10:00 AM-11:30 AM |

**ESSENTIAL SOUPS**

Concluded

**KNIFE SKILLS**

Concluded

**SWEET TREATS**

Concluded

**CHEF’S HERBS & SPICES**

Concluded

**COOKING & CULINARY**

Barista Training for Beginners

**Cooking & Culinary**

Barista Training for Beginners

---

**Self-register online by January 16th with code BRUMAL22 to get $5 OFF!**

**Register Now**

323.953.4000 ext 2651

laccextension.lacitycollege.edu

*No classes Feb 18-21*  laccextension.lacitycollege.edu  *

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*Denotes online class

*Denotes on-campus class

For in-person classes, LACC Extension will be following LA County Covid guidelines.
Guitar Made Easy (Ages 18+)
Guitar is one of the most played instruments. Learn about the guitar itself, tuning and minor maintenance, and how to play single-note melodies and chords. Class is limited to 15 students. Please have your own acoustic guitar (or an electric guitar with a small amp). Optional suggested reading: Guitar Method 1, 2nd ed. by Schmidt and Kock, ISBN 0-7935-3392. No class Feb 19.

9873 Fee: $75 Anthony Baray
Jan 22-Feb 26 5 Sat 11:30 AM-1:30 PM

Drums for Adults & Teens (Beginner)
Have you ever wanted to play the drums with one of your favorite songs? Whether you are brand new to music or only new to drums, this introductory class will get you started with rhythm; discipline in good practice habits with an critical sense of listening notations in pitch and popular repertoire will be introduced. Individual instruction is emphasized, students will also gain finger and hand coordination. Both classical and popular repertoire will be introduced. Individual instruction is emphasized, students will also gain critical sense of listening notations in pitch and rhythm; discipline in good practice habits with an appreciation of music. Students will choose music comparable to their level. Must have a pair of drumsticks, a drum pad, and a metronome (or metronome app). No class Feb 19 & 26.

9905 Fee: $75 Dan Hegarty
Jan 22-Mar 5 5 Sat 1:00 PM-3:00 PM

Introduction to Music Creation (GarageBand)
Would you like to bring the music that you hear in your head out into the world? This introductory music composition and production course is great for anyone who’s brand new to music and/or production. Musicians who have experience with their instruments but not much with recording are welcome, too. We will capture and develop your sonic ideas using GarageBand, though many of the practices and techniques will apply to any Digital Audio Workstation. Let’s make some music! Must have GarageBand on a Mac desktop or Mac laptop computer. No class Feb 22.

9906 Fee: $75 Dan Hegarty
Jan 25-Mar 1 5 Tues 7:00-9:00 PM

Piano/Keyboarding for Adults
Students will learn how to read basic music notes along with practicing and perfecting proper finger and hand coordination. Both classical and popular repertoire will be introduced. Individual instruction is emphasized, students will also gain critical sense of listening notations in pitch and rhythm; discipline in good practice habits with an appreciation of music. Students will choose music comparable to their level. Students must have their own keyboard. No class Feb 19.

9925 Fee: $55 Alfred Reganyan
Jan 22-Feb 26 5 Sat 9:45 AM-10:45 AM

Singer’s Workshop (Ages 15+)
Develop your singing skills by practicing vocal technique, breathing, performance skills and developing audience rapport. Topics may include basic ear training, scales, vowels, and learning simple melodies. Each student may perform solo and in a group. No class Feb 19.

9908 Fee: $95 Nicolette Holman
Jan 22-Feb 26 5 Sat 1:00 PM-3:00 PM
### Computadora Básica para Principiantes: Parte 1

Iniciaremos conociendo que es y cuales son los hardware básicos que forman una computadora como encender la computadora y el uso de sus partes, y como ingresar a los iconos del monitor. Definicion de algunos terminos básicos y utiles en el uso del a computadora. Exploraremos el programa basico para la escritura, copiar, correccion, almacenamiento e impresion de documentos en Word, y el uso del programa de Powerpoint para las presentaciones.

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<tr>
<td>9899</td>
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<td>Alexander Gonzalez</td>
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### Uso de Tabletas y Celulares Inteligentes

Temario: Descripción de las diferentes herramientas y utilidades, configuraciones básicas, y conexión y navegación en internet. Aprenderán como usar aplicaciones de redes sociales (Facebook, Twitter, Instagram), aplicaciones de comunicación (correo electronico, WhatsApp y Skype), aplicaciones de Google (Google Search, Google Maps, y Google Calendar), y otras como Office, Youtube, edición de fotos, Noticias, Netflix, mercado libre, medios online, Uber, Easy Go, Como ir, entre otras que los alumnos quieran aprender a descargar, instalar, y utilizar. Tambien aprenderán a eliminar aplicaciones. ¡Traiga sus preguntas y sus tabletas o celulares inteligentes a la clase!

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>9901</td>
<td>Febrero 5 y 12</td>
<td>$55</td>
<td>Alexander Gonzalez</td>
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### Crea Tu Propia Página Web

¿Quieres aprender diseño web pero no sabes por dónde empezar? Bienvenido al curso de diseño web en el que aprenderás paso a paso y desde lo más básico a diseñar cualquier página web de una forma práctica y sencilla. No importa si no tienes conocimiento de páginas web. En cada sección de la clase hay al menos un proyecto real con el cual vas a poder trabajar con todos los conocimientos adquiridos, incluyendo un portafolio de trabajos, una página para empresas, una pagina para un restaurante y un blog desde el cual podrás ganar ingresos con publicidad. Al final de la clase serás capaz de diseñar cualquier sitio web, ya sea el de tu propia empresa, o el de tus clientes. Los beneficios que obtendrás con este curso son ilimitados.

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<tr>
<td>9902</td>
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### Pintura para Adultos

Esta clase enfatiza en la tecnica de dibujo y estudio de color en donde el estudiante puede hacer usar de las distintas formas de diseño como son sombras, penumbras, reflejos, angulos de luz y perspectiva en la creacion de arte tri-dimensional.

Traiga consigo 1 cuaderno de dibujo (18”x12”), 1 lapiz 2B y HB, un borrador blanco de barra, 1 barrita de carbon, 1 barrita de tiza blanca, una caja de 12 lapices de color, una caja de 12 barras de color (nada caro o extravagante), pinturas de acrilico, brochas y una lata pequeña.

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<tbody>
<tr>
<td>9937</td>
<td>Oct 23-Nov 30</td>
<td>$65</td>
<td>Pablo Jacome</td>
</tr>
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</table>

### Decoración de Pasteles

No solo encontraras una enseñanza que te ayudara a obtener dinero extra, si no que podrás adquirir conocimiento basico y festejar a tus seres queridos. Aprenderas a rellenar tu pastel, cubrirlo con crema batida, hacer floros, rosetones, conchas, escritura, y recibiras consejos del horneado y otras cosas mas. El estudiante tiene que llevar en la primera clase: (comprar en la tienda .99) mantel, papel wax, tigeria, lapis y libreta para notas.

<table>
<thead>
<tr>
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<th>Fecha</th>
<th>Costo</th>
<th>Materias</th>
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### Lenguaje de Señas Americano


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<tr>
<td>9920</td>
<td>Ene 22-feb 12</td>
<td>$55</td>
<td>Kelly Martinez</td>
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</tbody>
</table>
All classes take place on the LACC main campus unless otherwise noted in the class description with an off-campus symbol.

**Los Angeles City College**
LACC Extension Program
Administration Building, Room 109
855 N. Vermont Ave.
Los Angeles, CA 90029

**Metro Red Line**
At Vermont Ave & Santa Monica Blvd.

**Toros Pottery**
4962 Eagle Rock Blvd
Los Angeles, CA 90041
Use street parking.
Class: Pottery Making
(Page 14)

**Hansen’s Coffee & Tea**
14443 Califa St
Van Nuys, CA 91401
Use street parking.
Class: Barista Training Parts 1 and 2
(Page 20)

*Denota clase por internet
*Denota clase en-persona
Para las clases presenciales, LACC Extension seguirá las pautas de Covid del condado de Los Ángeles.

**¡Regístrese ahora!**
laccextension.lacitycollege.edu

¡Reciba descuento de $5 cuando se registre por la web con el código BRUMAL22 antes del 16 de enero!

¡Clases para toda la comunidad, con registro fácil y asistencia amigable!
323 953-4000 ext. 2651

☆ No hay clases Feb 18-21 ☆ laccextension.lacitycollege.edu ☆
Intensive English Language Classes
Get a start on your education and learn English now!

Los Angeles City College is offering an exciting new intensive English language program to prepare international students for the world beyond borders and computer screens! Study alongside peers from around the world. Students will be taught 20 hours per week of English as a Second Language by qualified English language instructors. Transfer students, overseas students, and F visa types welcome! International students with passing grades in this program will receive TOEFL waiver to enter LACC academic programs. International students entering this program will receive conditional letters of acceptance into LACC’s academic program. Intensive English Language classes are not-for-credit.

Programs Offered Spring 2022
- Intensive English Language training
- Grammar
- Writing
- Academic English
- Conversation
- Listening
- College Preparation
- TOEFL Preparation

Benefits & Highlights
- Live instruction with experienced college instructors
- Small class sizes
- Interactions with native English speakers daily
- Additional social programming
- Conditional acceptance into Los Angeles City College

Tuition: $1,200 per session
Spring Session: February 21 - April 1
Classes are in-person and take place Monday through Friday from 12:00PM to 4:00PM Pacific Standard Time
EMAIL US: LA@LACITYCOLLEGE.EDU
Taking education to the NEXT LEVEL with Online Learning

Skill Building Classes
- Instructor-led
- Online Discussion Areas
- 6 Weeks of Instruction
- Awards of Completion

Our instructors create warm and supportive communities of learners.

Career Training Programs
- Personal Instructor Guidance
- All Materials and Books are included!
- Certificates of Completion

You can begin these programs at any time and learn at your own pace.

Visit www.ed2go.com/lacc or careertraining.ed2go.com/lacc

Browse or search for a class, create your account, and pay and check out online.

To access your courses, click on “My Classroom” and sign in with your email and password.

Prices available as low as $97!
Noncredit & Adult Education

LOS ANGELES CITY COLLEGE

GED PREPARATION

WINTER 2022

LACC Noncredit Program offers free classes to help you prepare for the GED and the HSET. Classes are Open Entry. This winter and spring we offer online class instruction in all test areas and also have computer software, textbook, and websites to complement your study plan. Some classes have Zoom access to talk to your professors scheduled during the morning, afternoon, and evening to accommodate your schedule. Our staff is here to help you pass the GED or the HSET.

GED Prep - All levels

<table>
<thead>
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<th>Subject</th>
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GED Spanish - All subjects (Students must enroll in an LACC Noncredit ESL class)

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GED Math

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Learn the skills and information necessary to be applied within the field of home care services. This course is designed for students to provide in-home care to patients. You will be part of an IET training and must enroll in all classes to receive your certification.


REGISTER WITH US BY ZOOM:
HTTPS://LACCD.ZOOM.US/MEET/ACCNONCREDITZOOM
MEETING ID: LACCNONCREDIT

(IHSS) IN-HOME SUPPORTIVE SERVICES CERTIFICATE SPRING 2022

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| VOC ED 009CE  | 2/21/2022 | 6/6/2022   | S        | 8:00 AM  | 1:15 PM   | 1hr 30min /wk | Online Zoom + Canvas | Maja |
| IHSS Spanish Cohort In-Person at VDK |
| VOC ED 002CE  | 2/24/2022 | 5/24/2022  | T        | 12:30 PM | 1:20 PM   | None   | In Person @ VDK | Monreal, Esteban |
| VOC ED 009CE  | 2/24/2022 | 5/24/2022  | T        | 12:30 PM | 1:20 PM   | None   | In Person @ VDK | Monreal, Esteban |

JOB READINESS CLASSES DESIGNED TO INTRODUCE AND TRAIN NEW, CURRENT, AND DISLOCATED WORKERS IN THE WORKPLACE WITH A FOCUS ON JOB ACQUISITION, RETENTION, AND CAREER PROGRESSION. BUILD YOUR RESUME, GAIN CUSTOMER SERVICE SKILLS, AND APPLY FOR THE JOB!

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GET IN TOUCH: 323-952-4000 ext. 2230
www.lacitycollege.edu
noncreditadulted@lacitycollege.edu
LACC Noncredit Computer courses will provide you with an understanding of the most popular, current technologies used at home and in the workplace. Become computer literate with online hands-on courses while you learn to access, create, save, and manage documents, spreadsheets, and emails, and use the internet effectively. Classes available online and in-person and conducted by Zoom and on Canvas.

Enroll now! Learn computer skills that are work transferable. Learn the most popular, current technologies used at home and in the workplace. Visit us or our website for a full list of our Spring 2022 classes.

LEARN SPANISH ONLINE

This course is designed to provide knowledge of workplace Spanish to individuals who serve or are in contact with populations whose primary language is Spanish. When you and other English-speaking employees learn some basic words and phrases in Spanish, you’ll show your Spanish-speaking employees that they’re an important part of the team. You’ll also be able to improve communication with customers, vendors, and other Spanish speakers you interact with as part of your job.

GET IN TOUCH: 323 953-4000 ext. 2230 noncredit.lacitycollege.edu noncreditadulted@lacitycollege.edu
Noncredit & Adult Education

Develop your listening, speaking, reading, and writing skills. Prepare to enter college ESL credit courses. There are three ESL levels: beginning, intermediate, and high. Specialized skills classes include conversation, computer basics for ESL students, citizenship, and classes for older adults.

Visit our website for a full list of our winter and spring 2022 classes!

ENGLISH AS A SECOND LANGUAGE

Level 0 Transitioning to Level 1

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Level 1

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VESL Level 3

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BECOME A U.S. CITIZEN. JOIN OUR CLASSES TODAY!

Applying for citizenship? Come to LACC and learn about the important reasons to become a U.S. citizen and paths to citizenship. Also, find information about the naturalization process and what you need to know about the naturalization interview and test.

Online Classes Winter 2022

Online and In-Person classes Spring 2022

CITIZENSHIP CLASSES

Develop strong spoken English language skills and increase your opportunity to move into a new career. Improve your listening comprehension of English and increase your ability to be understood, using conversational American English speech.

Conversation Multi level

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REGISTER WITH US BY ZOOM:
HTTPS://LACCD.ZOOM.US/MVLACCNONCREDIT
ZOOM MEETING ID: LACCNONCREDIT

GET IN TOUCH: 323 953-4000 ext. 2230
www.lacitycollege.edu noncreditadulted@lacitycollege.edu

28
This course provides instruction in basic first aid, CPR, and AED emergency response skills. Upon completion of the course, participants will demonstrate knowledge of comprehensive victim assessment, treatment for severe bleeding, wound and burn care, addressing shock, automatic external defibrillation (AED) use, bone, joint, and muscle injuries, heat and cold exposure, sudden illness, and adult, child, and infant CPR. This course satisfies first-time and renewal certification requirements for first aid/CPR.

**WINTER 2022 FREE TRAINING**

### First Aid & CPR Certification Prep

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**HOSPITALITY TRAINING CERTIFICATE PROGRAMS**

**Banquet Server VESL for Hospitality In-Person**

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**Front Desk Training in-Person**

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**Front Desk Training Online**

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**Customer Service for Hospitality Online**

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**30 Ways to Shine for Hospitality In-Person**

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**Food Handler’s Test Preparation In-Person**

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**The Banquet & Restaurant Server Certificate of Completion provides knowledge and practical skills training for students preparing for employment in the hospitality food service industry. Courses cover kitchen and dining room skills, etiquette, communication skills, and customer service. Courses are online and in-person. Earn a Certificate in one semester!**

**SIGN UP NOW! SPRING 2022 CLASSES START FEBRUARY 7**

**Students who complete required courses are eligible to take the American Hotel & Lodging Association (AHLA) certificate exam.**

**APPLY ONLINE AT LACITYCOLLEGE.EDU OR ZOOM HTTPS://LACCD.ZOOM.US/MY/LACCNONCREDIT**

@laccnoncredit01

GET IN TOUCH: 323 953-4000 ext. 2230 noncredit.lacitycollege.edu noncreditedadulted@lacitycollege.edu

29
Class Cancellations
The State of California mandates that LACC Extension programs be entirely self-supporting. This means that from time to time, we have to cancel a class that does not have enough enrollments. Classes canceled by us are eligible for full refunds and students may always opt to transfer their payment toward another class. Help us avoid cancellations and guarantee your spot – register early and register a friend! Refunds are processed as quickly as possible. Refunds for cash payments may require up to 30 working days.

Authorized Registrait
Attendance at/within a LACC Extension offering is limited to paid/registered students, unless otherwise specifically authorized in the offering description or by the instructor. Instructors and LACC personnel reserve the right to bar/expel unauthorized persons or guests of registered students. Any person deemed to be disruptive to the class or a safety hazard may be subject to discipline or legal action pursuant to LACC/LACCD rules/regulations.

Credits & Electronic Vouchers
Electronic Vouchers or Credits may be granted to students in lieu of refunds or for other purposes. These vouchers are non-refundable and must be used within 365 days of issuance. Electronic Gift Cards purchased by students do not expire.

Physical Activity
Some LACC Extension offerings require a degree of physical activity and capability. All participants should check with their physician prior to beginning a new activity.

Contact Us
Office Hours: 323.953.4000 x-2651
lacceextension@lacitycollege.edu
Monday through Friday: 9:00 a.m. - 5:30 p.m.
Saturday: 8:00 a.m. - 3:00 p.m.
Cesar E. Chavez
Administration Building, Room 109
855 N. Vermont Avenue
Los Angeles, CA 90029

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IHSS Training COHORT
Recibe un Certificado Completo de Proveedor de Servicio de Cuidado en el Hogar
Usted obtendrá los conocimientos y habilidades para trabajar en el campo de los servicios de cuidado en el hogar. Proveedores de IHSS pueden emplearse con agencias de salud, clientes particulares o el Departamento de Servicios Sociales.
- IHSS Spanish/Español VOC ED 002CE
- YESL IHSS VOC ED 059CE.
- Job Readiness VOC ED 230CE
  Tues / Thurs. 2/21/22-6/6/21
  9:00 AM - 12:00 PM
Additional information for IHSS contact IHSS Coordinator Mireya Nava (323) 953-0734

Medical Terminology for Career Readiness Certificate of Completion
Receive a short-term job readiness program for students entering careers that use medical terminology. Students learn the foundational skill of word-building, terminology, combining forms, abbreviations, and medical terms versus layperson’s terms for human body structure and systems.
- Medical Terminology 1 VOC ED 400CE
  Wednesdays, 2/21/22 - 6/27/22
- Medical Terminology 2 VOC ED 435CE
  Wednesdays, 3/28/22 - 6/5/22
  6:00 PM - 7:50PM In-person

Entrepreneur Training
Do you have a new business or social enterprise idea? This program helps you develop a plan while strengthening your entrepreneurial thinking and understanding of business concepts, strategies, and technology to plan, develop and operate a business.
- VOC ED 084CE
  Wednesdays, 2/21/2022-5/22/2022
  6:00 PM - 7:50 PM In-person
  0HR 50Min / Week on Canvas

GET IN TOUCH:
(323) 953-4000 ext. 2230
www.lacitycollege.edu

For real time assistance please visit our zoom office:
lacc.zoom.us/my/laccnoncredit
Zoom Meeting ID: laccnoncredit

The Los Angeles City College Noncredit Adult Education Department provides in-person and online instruction. Classes are FREE to Californians.

We offer industry-training programs, high school equivalency preparation, foundational skills courses, and citizenship preparation courses.

Prospective students can enroll any time! Contact the Adult Education Department for more information.

NONCREDITADULTED@LACITYCOLLEGE.EDU
Enjoy these NEW LACC Extension classes, plus the return of some old favorites!

Job Search Strategies p.7
Fun with ABCs (Age 3-5) p. 10
Hip Hop Dancing for Kids (Age 8-13) p.11
Filipino / Tagalog Language p.13

Plus, NEW Physical Activity classes on p.19:
Judo for Adults
Fun Movement for Seniors
Yoga for Seniors
Tai Chi for Seniors
Animal Flow
Strength & Conditioning