A short, 30-60 second well-crafted business pitch telling someone who you are, what and what you seek. It is designed to market your experiences and skill sets. You can use elevator pitches in a variety of professional situations such as networking events, career fairs, and formal interviews. (No elevator required!)

**Five Components of an Elevator Pitch:**

1. **Who You Are and What You Do**
   
   You should start out your pitch by introducing yourself (name, year in school, what you study, etc.). Hi, My name is ___________ and I am a ______________ (first year, second year, etc.) pursuing an Associate of __________(Arts/Science) in ______________ (major) at Los Angeles City College.

2. **Share your current work, leadership, volunteer/club, research or academic experience.**
   
   Relevant experiences such as work experience, leadership experience, volunteer work, club involvement, research experience, academic experience, etc. I have experience in _______________. On campus, I am involved in _______________.

3. **Your Skills and/or Accomplishments**
   
   State some of your strongest skills and/or accomplishments that you feel would be meaningful to an employer or career professional.

   My strongest skills are _____________________________.

   OR

   Some of my accomplishments include __________________________. 

4. **Goals- What You Are Interested in Doing**
   
   State your career field of interest and list why you are interested in that field. I am interested in __________________________.

5. **What Are You Wanting:**
   
   What are you hoping to gain/learn from your contact with the employer or career professional? (Internship, job, shadowing, etc.) I am currently looking for a __________(internship, job) and wish to start __________ (time frame).

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**Write down your elevator pitch:**